

MURFREESBORO PARKS AND RECREATION COMMISSION AGENDA
WEDNESDAY, SEPTEMBER 3, 2025 12:00 NOON

Call to Order

Prayer and Pledge of Allegiance

Public Comments on Actionable Items

New Business

- I. Consider MPRC Minutes of August 6, 2025
- II. Consider Fee Adjustment for Express Yourself Program
- III. Consider Art Sampler Night
- IV. Consider Photography Walk
- V. FY26 Finance Report (July)
- VI. Natural Resource Division Update
- VII. Girls Flag Football Information
- VIII. St. Clair Senior Center Annual Report
- IX. Update on MPRD Programs and Events

Other Business

MURFREESBORO PARKS AND RECREATION COMMISSION MINUTES
WEDNESDAY, AUGUST 6, 2025 12:00 NOON

MPRC Members Present: Mr. Eddie Miller, Chair
Dr. Gloria Bonner, Mr. Charlie Montgomery,
Mr. Bill Shacklett, Mr. Kent Syler, Mr. Shawn Wright, and
Mr. Don Turner (ex officio)

MPRC Members Absent: Mr. Leroy Cunningham, Dr. Trey Duke, and
Mr. Tim Roediger

City Staff Present: Mr. Nate Williams, Exec. Director of Recreation Services
Mr. Thomas Laird, Asst. Director
Mr. Joseph Leonard, Asst. City Attorney
Ms. Macey Woldt, City Staff Attorney
Ms. Lynn Caldwell, Mr. Kyle Goss, Ms. Susan Hicks,
Ms. Mitzi Hughes, Dr. Gernell Jenkins, Mr. Michael McCafferty,
Mr. Greg Phillipy, and Mr. Mark Owens

After Mr. Eddie Miller called the meeting to order, Dr. Gloria Bonner led the commission in a prayer and in the Pledge of Allegiance. No one signed up for the public comments part of the meeting. Mr. Eddie Miller next presented two sets of Murfreesboro Parks and Recreation Commission (MPRC) meeting minutes for approval, March 5, 2025, and May 7, 2025.

Mr. Kent Syler made a motion to approve the March 5, 2025, MPRC meeting minutes as read, and Mr. Shawn Wright seconded. Motion passed by the following vote.

Aye: Dr. Gloria Bonner, Mr. Eddie Miller, Mr. Charlie Montgomery
Mr. Bill Shacklett, Mr. Kent Syler, Mr. Shawn Wright

Nay: None

Mr. Montgomery made a motion to approve the May 7, 2025, MPRC meeting minutes as read. Mr. Syler seconded. Motion passed by the following vote:

Aye: Dr. Gloria Bonner, Mr. Eddie Miller, Mr. Charlie Montgomery
Mr. Bill Shacklett, Mr. Kent Syler, Mr. Shawn Wright

Nay: None

Mr. Nate Williams directed the commission to the year-end Finance Report for FY25 and pointed out actual expenses, budgeted expenses, and revenues. He also mentioned

notable differences as shown on a graph for 2021 up to 2025 regarding the department's budget performance. Mr. Williams added that revenues for Richard Siegel Soccer Park have gone up greatly since 2021, as more additions have been made to the park and more events are being held there. Mr. Miller asked Mr. Williams if he had a general idea of how much revenues have increased. Mr. Williams said that he should have run the numbers before the meeting but would send the information to the commission after the meeting. Mr. Williams said the most dramatic revenue jump was from 2021 to 2022, although there has been a steady increase every year. Mr. Miller commented that MPRD has a big budget with a lot of activity and that staff manages the monies well.

Mr. Kyle Goss, Aquatics Superintendent, requested the commission's approval to increase the age of unattended youth at MPRD aquatic facilities to age 13 from age 8. Up to now, the Aquatics Facilities' age policy has mirrored the age policy followed at MPRD facilities in general, which is currently age 8. Staff and commission members agreed that age 8 is too young for children to be in an aquatic facility without proper supervision. Under the new policy, children under 13 will need someone aged 16 or older to supervise them at the MPRD aquatic facilities. Mr. Wright made a motion to approve the revised age policy as described. Mr. Charlie Montgomery seconded, and motion passed by the following vote:

Aye: Dr. Gloria Bonner, Mr. Eddie Miller, Mr. Charlie Montgomery
Mr. Bill Shacklett, Mr. Kent Syler, Mr. Shawn Wright

Nay: None

Mr. Greg Phillipy, Cannonsburgh's Facilities Coordinator, presented two items for approval. The first item was for a new program, Village After Dark, which is to take place October 17-18, 2025, from 6:00-9:00 p.m. for all ages. Program guests can participate in flashlight hunts to look around the dark corners of the Village's cabins. Also offered with the program will be BINGO, blacksmith demonstrations, themed crafts, food trucks, and more. Mr. Phillipy explained that a fee of \$5 per person is requested to help offset costs for this new event. Mr. Wright made a motion to approve the Village After Dark program and its associated fee. Mr. Montgomery seconded the motion. Motion passed by the following vote:

Aye: Dr. Gloria Bonner, Mr. Eddie Miller, Mr. Charlie Montgomery
Mr. Bill Shacklett, Mr. Kent Syler, Mr. Shawn Wright

Nay: None

The other item presented by Mr. Phillipy was for Christmas at Cannonsburgh, which will be different than in the past few years, having three components to help celebrate the holidays. Mr. Phillipy said that visitors can see the Village and buildings all decorated for the Christmas

holidays during regular free admission dates and times (Tuesdays-Fridays, 9am-3pm) December 5-19, with pop-up crafts and other activities during those times.

Then, during extended holiday hours for the Village, 4pm-8pm, on December 5-6, 12-13, and 19-20, there will be caroling, live music, food trucks, letters to Santa, themed holiday crafts, demonstrations, and special guest appearances for the public. Mr. Phillipy proposed an admission fee of \$5 per person aged 6 and over during the after-hours portion of the Christmas festivities.

Lastly, the popular drive-through Christmas lights at Cannonsburgh will be displayed in the Greenway Parking lot next to Cannonsburgh this year, rather than in the Village, as in the past. It will be free for everyone each night December 5-25. It will not be manned; people will just follow the route around the parking lot to see the Christmas lights exhibition area. Mr. Phillipy mentioned that donations, however, are always welcome at Cannonsburgh.

Mr. Syler said that he was glad to see the Village being used for special events. He also mentioned that the nation's 250th anniversary will be in 2026. Mr. Phillipy said that Cannonsburgh staff is already making plans to celebrate that occasion, also referred to as the nation's "Semiquincentennial." The DAR and some other groups will assist with the celebration at Cannonsburgh. Mr. Syler made a motion to approve Christmas at Cannonsburgh, including a \$5 fee for ages 6 and up for the after-hours portion of the festivities. Mr. Montgomery made the second, and motion passed by the following vote:

Aye: Dr. Gloria Bonner, Mr. Eddie Miller, Mr. Charlie Montgomery
Mr. Bill Shacklett, Mr. Kent Syler, Mr. Shawn Wright

Nay: None

Mr. Michael McCafferty explained the need to increase fees for MPRD's Youth Sports Programs due to rising expenses for uniforms, equipment, officials, staffing, and facility operations. He said that the cost of delivering high quality programming has steadily increased over the last few years, while participation fees have remained the same. Staff conducted a comprehensive review of other youth sports participation fees in surrounding communities to make sure MPRD's rates are still competitive and in line with regional standards. The research on fees led to the updated fee request, which separates participation rates for City residents and Non-residents. City resident participation and activity fees were already in place, but staff proposed to raise the activity fee from \$10 to \$20 for Youth Flag Football, Youth Basketball, Youth Volleyball, and Youth Track and Field. The Non-resident participation fees will be \$15 more than the City-resident participation fees, and a \$20 activity fee is requested for Non-residents also. Mr. Miller said that the fees seemed reasonable and in order. Mr. Montgomery made a motion to approve the new Youth

Sports Fee Structure as proposed by staff. Dr. Bonner seconded the motion, and motion passed by the following vote:

Aye: Dr. Gloria Bonner, Mr. Eddie Miller, Mr. Charlie Montgomery
Mr. Bill Shacklett, Mr. Kent Syler, Mr. Shawn Wright

Nay: None

Mr. Miller mentioned that the Miracle League's fall season is coming up and that he is always complimenting Mr. Laird about the league. Mr. Miller shared that Mr. Laird told him that Mr. McCafferty had a lot to do with the success of the Miracle League and that the participants really liked him. Mr. McCafferty said that he appreciated the comments. Mr. Williams asked Mr. McCafferty to inform the commission of the Fall Season dates for the Miracle League. Mr. McCafferty announced that jerseys would be distributed at a Boro Beach pool party for the athletes this weekend with games beginning next weekend and going every weekend through October 10-11.

Ms. Susan Hicks, Cultural Arts Supervisor, explained that the Not-So-Haunted Hayride was planned again for this year's Halloween Bash at Barfield Park after not being held for a few years due to issues with its former trail route. A different and gentler trail is being designed for this year, and staff will dress as storybook characters from *The Three Little Pigs* story, while lining the trail and telling the story live to the hayride patrons. Ms. Hicks said that staff was proposing a charge of \$5 per rider to help offset costs and to set the ticket prices the same as those for the Old Scream Road Hayride. Mr. Syler made a motion to approve the return of the Not-So-Haunted Hayride as described with its accompanying ticket price. Mr. Wright seconded, and motion passed by the following vote:

Aye: Dr. Gloria Bonner, Mr. Eddie Miller, Mr. Charlie Montgomery
Mr. Bill Shacklett, Mr. Kent Syler, Mr. Shawn Wright

Nay: None

Another program presented for approval by Ms. Hicks was the Princess Program, part of the department's Youth Development initiatives based on innovative, performance-based programming. Under this program, young women, ages 14 through high school seniors, will be invited to audition to become an official Princess Representative at various City events, like the Barfield Bash, Christmas Celebration at Patterson, July 4th Celebration, etc., where their character-driven appearances will help enhance the City's events. As part of the program, the participants will receive special training in character development, performance presence, and community engagement. Ms. Hicks asked that a participant fee of \$25 be approved for each girl chosen for the Princess program to help offset program costs. Dr.

Bonner asked where the program would be held. Ms. Hicks said it would be held at Patterson's Washington Theatre. Dr. Bonner made a motion to approve the Princess Program with the requested participant fee. Mr. Wright seconded, and motion passed by the following vote:

Aye: Dr. Gloria Bonner, Mr. Eddie Miller, Mr. Charlie Montgomery
Mr. Bill Shacklett, Mr. Kent Syler, Mr. Shawn Wright

Nay: None

Ms. Lynn Caldwell, Marketing Coordinator, gave MPRD program updates:

- MPRD Summer Camps ended last week and were very successful.
- Cultural Arts has been busy all summer with camps, Splash Outs, Celebration Under the Stars, art pop-ups, and various other activities.
- Great season for Boro Beach. Still open on the weekends through Labor Day, with a big blowout party planned for the patrons on that day.
- Puppy Plunge at Boro Beach is set for September 27th. It's always a fun event.
- Patterson Park's parking lot work has been completed, and a new playground and splash pad are expected to open in September. MPRC members will be invited to the ribbon cutting once the date is set.
- Update from Nate Williams: Old Fort Park's ball field renovation is now underway, and an early November completion date is expected. The ball field will receive synthetic turf and improved parking, and LED lights are now installed.
- Mr. Williams also announced that stormwater issues are being addressed at the Old Fort Park parking lot and ball field to remedy flooding issues that have occurred over the years.
- As mentioned by Mr. McCafferty, jerseys will be distributed to the Miracle League players this Friday night ahead of their fall season next weekend, August 15-16.
- Hummingbird Festival is set for Saturday, August 30th, at the Wilderness Station.
- Greenway Art Festival is set for Saturday, September 20th, at Cannonsburgh inside the Village grounds and along the greenway trailhead entrance.

Mr. Miller asked if Mr. Don Turner, Golf Commission Chair, had anything to share with the commission. Mr. Turner said that the Old Fort Golf Course (OFGC) is in good shape and is staying very busy. He added that there have been a lot of tournaments over the summer; green fees increased the first of June; and the greens were aerated the first of July. Mr. Turner mentioned that even with the fee increases, OFGC is still a little cheaper than other courses around here, and he thinks OFGC is still the best around.

Mr. Miller invited Mr. Laird to share any Athletics news he may have. Mr. Laird said that the after-school programs have started back up, including flag football and cheerleading for youth. He added that some coaches are still needed for anyone interested and explained that people can be trained to serve as coaches for the various Youth Sports. Also going on is the Special Olympics bowling, which will have a tournament around the end of September or beginning of October.

Mr. Williams confirmed that the department has been swamped with programs and activities, with two new full-time staff recently added to the budget. He said those employees will be introduced at a future MPRC meeting.

Mr. Montgomery said that the parks system is very impressive, and he gave a shout-out to how the staff maintains everything. Mr. Montgomery also wanted to know the status of the work at the new Veterans Park. Mr. Williams said that after the successful launch of the new park, construction is underway, with lots of grading taking place. He further mentioned that contractors are using aerial photography daily to check the construction's progress, and, hopefully, some photographs will be shared with the public soon. Mr. Williams thanked Mr. Montgomery for his comments on how nice the parks look. He said that he and the leadership staff had a meeting recently where they all agreed that the department is having its busiest year ever, and Mr. Williams believes the entire staff handles their work with ethics, grace, and excitement.

Mr. Montgomery further asked about roof leaks at Patterson Community Center. Mr. Williams said Dr. Gernell Jenkins was at today's meeting and could probably give an update on the issue. Dr. Jenkins explained that one of the City's Building Maintenance employees is working on the leaks over the adult gym. Mr. Williams added that a whole new roof is actually needed at Patterson and that monies are allocated for the work. Replacing the roof will be done as soon as possible. Mr. Montgomery said flat roofs are tough to deal with. Dr. Bonner informed everyone that she is now playing pickleball and needs a coach. Mr. Laird said he knew just the one for her. Mr. Laird further shared that since Dr. Bonner is on the Tennis and Pickleball Commission, she didn't really have a choice about learning to play pickleball. Being no other business, the meeting was adjourned.

Meeting Adjourned: 12:35 p.m.

Minutes Approved:

Eddie Miller, MPRC Chair
MPRC Chair

Nate Williams
Exec. Director of Recreation Services



August 29, 2025

For Murfreesboro Parks and Recreation Commission:

RE: Approval of Fee Adjustment for Express Yourself Program

Background

It is recommended that the Commission approve adding a supply fee to the current program fee for our Express Yourself art class.

Over the past four years, this program has grown significantly in participation and content. Due to increasing costs associated with materials required to organize and teach these classes, staff finds it necessary to implement a supply fee moving forward. There are usually 12 to 24 classes during the school year, with each class serving an average of 15 participants. This class is one-hour long and is offered after school for students aged 7-12. In Express Yourself, staff highlights contemporary and traditional artists by breaking down the unique elements of their art style and by helping students create a piece in their likeness to take home.

Fiscal Impact

The current program fee per person for the Express Yourself art class is \$5. Staff would like to also add a \$5 supply fee to help offset rising costs of materials while continuing to offer a high-quality, enriching experience for all involved. Staff respectfully requests the Commission's approval to implement the additional supply fee for a total program fee per participant of \$10.

Recommendation

Staff respectfully requests the Commission's approval of the proposed fee adjustment.

Respectfully,

Shayla Mayo
Facility Coordinator
Bradley Academy Museum & Visual Arts

Murfreesboro Parks and Recreation Department
2140 N. Thompson Lane, Suite 101 * P.O. Box 748 * Murfreesboro, Tennessee 37133-0748
Phone 615 890 5333 * TDD 615 849 2689 * www.murfreesborotn.gov



August 29, 2025

For Murfreesboro Parks and Recreation Commission:

RE: Approval of Art Sampler Night

Background

This new class series will be aimed at adults ages 18 and up looking for a relaxing and creative evening in Murfreesboro. Classes will be 1.5 hours and held at Bradley Academy Museum and Cultural Center twice a month. During each session, participants will be guided through a new art style or medium and create a piece to take home. All supplies, along with light refreshments, will be provided.

Staff hopes this program will serve as an opportunity for adults in the community to connect and create in a fun, relaxed, and inspiring environment.

Fiscal Impact

A fee of \$15 is proposed per participant to cover the cost of participation, materials, and provided refreshments.

Recommendation

Staff respectfully requests the Commission's approval to implement this program effective this class season.

Respectfully,

Shayla Mayo

Facility Coordinator Bradley Academy Museum & Visual Arts



August 29, 2025

For Murfreesboro Parks and Recreation Commission:

RE: Approval of New Program- Photography Walk

Background

This new class series will be aimed at adults and teens 16 and up with a special interest in photographing subjects in our local natural areas. Participants will bring their personal cameras and be led by Cultural Arts Staff through a one-hour, guided nature walk in various Murfreesboro parks and natural areas. Participants will receive hands-on instruction on the principles of photography and tips on how to capture the beauty of our local wildlife. The first series of this class will take place at the Murfree Spring Wetlands. Staff intends to host future series in various Murfreesboro parks and in hopes to encourage Murfreesboro residents to spend time connecting with nature and exploring a new skill.

Fiscal Impact

There will be no fee associated with this program due to participants providing their own materials.

Recommendation

Staff respectfully requests the Commission's approval to implement this program, effective this class season.

Respectfully,

Shayla Mayo
Facility Coordinator Bradley Academy Museum & Visual Arts

MURFREESBORO PARKS & RECREATION DEPARTMENT
MONTHLY REVENUE REPORT
FY26 July

RECREATIONAL ACTIVITY INCOME

ACTUAL

ANTICIPATED

RECREATION DIVISION

Picnic Shelters	10,160.00	100,000.00
Softball League Fees	19,550.00	50,000.00
Ball Field Rentals	13,750.00	80,000.00
Cheerleading	3,320.00	4,000.00
Football (including Flag Football)	10,160.00	9,000.00
Youth Volleyball League	0.00	19,000.00
Youth Basketball League	0.00	97,000.00
Sports Camps	352.50	35,000.00
Adult Basketball League	500.00	4,000.00
Advantage Sports Program	45.00	3,000.00
Track & Field Program	0.00	2,000.00
McFadden Community Center Rentals	2,017.50	9,000.00
McFadden Concessions	77.00	1,000.00
Adult Basketball/Pickleball McFadden Center	211.00	9,000.00
Miracle Baseball League	315.00	6,000.00
Miracle Baseball League Concessions	0.00	7,500.00
Wilderness Station	4,900.00	70,000.00
Theatre Resale	0.00	1,000.00
Halloween Activities	0.00	15,000.00
Children's Theatre/Perform Boro	1,450.00	34,000.00
Theatre Rentals	0.00	12,000.00
Gateway Rentals	1,336.67	2,500.00
Summer Camps	-197.50	33,000.00
Richard Siegel Park (includes Jordan Farm)	48,715.00	540,000.00
TSSAA Spring Fling/Fall Soccer	0.00	40,000.00
Greenway/Cultural Arts Programs	0.00	11,000.00
Private Donations - Bradley	0.00	500.00
Cannonsburgh	2,389.10	27,400.00
Bradley Academy Museum	3,514.47	18,300.00
New Year 5K	0.00	13,500.00
Miscellaneous-Civic Plaza	0.00	500.00
Designated Donations - Miscellaneous	35,000.00	35,000.00
Private Source-Donations	0.00	5,000.00
Sales Tax	7,313.88	45,000.00
Recreation Total	164,879.62	1,339,200.00

PATTERSON COMMUNITY CENTER

Admissions	48,050.00	400,000.00
Pool Rentals	4,875.00	45,000.00
Rentals	4,605.00	60,000.00
Designated Donations	0.00	1,500.00
Vending/Resale	2,178.47	26,500.00
	59,708.47	533,000.00

MURFREESBORO PARKS & RECREATION DEPARTMENT
MONTHLY REVENUE REPORT
FY 26

RECREATIONAL ACTIVITY INCOME continued

ACTUAL

ANTICIPATED

SPORTS*COM

Indoor Admission	21,968.00	400,000.00
Admission Outdoor Pool	149,475.00	300,000.00
Concessions Outdoor Pool	48,592.39	103,000.00
Pool Rentals	20.00	45,000.00
Swim Lessons	7,356.30	17,000.00
Building Rentals	1,865.00	25,000.00
Indoor Concessions/Resale	126.27	10,000.00
Sports*Com Total	<u>229,402.96</u>	<u>900,000.00</u>

INDOOR TENNIS FACILITY

Annual Memberships	19,124.00	310,000.00
Resale/Concessions	5,606.40	42,000.00
Camps	3,899.50	40,000.00
Rentals	6,088.50	115,000.00
Tennis Tournaments	7,865.15	30,000.00
Pro Fees	5,640.00	106,000.00
	<u>48,223.55</u>	<u>643,000.00</u>

TOTAL RECREATIONAL ACTIVITY INCOME	502,214.60	3,415,200.00
------------------------------------	------------	--------------

OTHER INCOME

Hotel/Motel Tax - County	0.00	290,000.00
Service Fees - Athletic Leagues	0.00	75,000.00
Scrap Metal	0.00	500.00
Sale of Fixed Assets	0.00	500.00
Interest	0.00	500.00
	<u>0.00</u>	<u>366,500.00</u>

TOTAL REVENUES	<u>502,214.60</u>	<u>3,781,700.00</u>
----------------	-------------------	---------------------

3

SENIOR CITIZENS CENTER

Federal Grants	0.00	30,000.00
State Grants	0.00	11,300.00
Other County Revenues	0.00	165,000.00
Sales Tax Collected	0.00	300.00
Trip Revenues	-745.00	65,000.00
Meeting Room Fees	0.00	4,000.00
Agency Revenues	0.00	800.00
Program Income	0.00	32,000.00
Interest Earnings	0.00	0.00
Donations - Private Sources	0.00	600.00
	<u>-745.00</u>	<u>309,000.00</u>

MURFREESBORO PARKS & RECREATION DEPARTMENT

Expenditures

	FY 26 Budget	FY 26 July Expenses	Remaining Balance
Salaries and Insurance			
Full-time Personnel	5,202,646.00	-621,736.37	4,580,909.63
Longevity	47,400.00		47,400.00
Holiday Pay	13,000.00	-6,282.39	6,717.61
Part-time Personnel	2,830,151.00	-389,037.56	2,441,113.44
Overtime	45,000.00	-9,088.91	35,911.09
Annual Holiday Gift	11,900.00		11,900.00
Worker's Compensation	174,751.00		174,751.00
Wellness Benefit	0.00	-150.00	-150.00
Social Security	633,274.00	-76,548.85	556,725.15
Medical-Dental	1,060,490.00	-111,716.43	948,773.57
Employee Retirement Defined Benefit	396,764.00	-45,014.31	351,749.69
Retirement Defined Contribution	255,991.00	-28,117.45	227,873.55
Life Insurance, LTD	31,680.00	-7,787.72	23,892.28
Salaries and Insurance	10,703,047.00	-1,295,479.99	9,407,567.01
Operation & Maintenance			
Vehicles & Machinery - Fleet	127,511.00		127,511.00
Vehicles (not Fleet)	3,000.00		3,000.00
Machinery & Equipment	147,300.00	-11,524.52	135,775.48
Vehicle Insurance	571.00		571.00
Beer Insurance	500.00	-1,433.00	-933.00
Waste Disposal (dumpsters/oil) - one time			
Disposal Fees - general	1,000.00		1,000.00
Fuel	90,000.00	-8,969.14	81,030.86
Office Equipment	12,300.00	-2,052.65	10,247.35
Appliance Repair	3,500.00	-246.00	3,254.00
Educational Animals	8,500.00	-2,250.04	6,249.96
Recreational Equipment	17,200.00	-1,099.61	16,100.39
Janitorial Equipment	5,500.00		5,500.00
Software	34,200.00		34,200.00
Equipment Rental			
Ball Fields	3,500.00	-161.47	3,338.53
Greenways/Wetlands	1,500.00		1,500.00
General Parks	1,500.00	-280.35	1,219.65
Sports*Com	500.00		500.00
Barfield Crescent Park	1,500.00		1,500.00
Richard Siegel Park	8,500.00		8,500.00
	<u>17,000.00</u>		<u>17,000.00</u>
Grounds			
Parks (Nat Res, Franklin Rd, Misc, Gen	50,500.00	-1,019.33	49,480.67
McFadden	1,500.00	-55.96	1,444.04
Barfield Crescent Park	20,000.00	-431.77	19,568.23
Wilderness Station	9,500.00	-93.32	9,406.68
Sports*Com/McKnight pav	24,800.00		24,800.00
Ballfields	144,800.00	-10,023.07	134,776.93
Siegel	120,000.00	-14,320.70	105,679.30
River Trail/Greenway/Wetlands	91,000.00	-8,431.04	82,568.96
Gateway Trail	33,300.00		33,300.00
Bradley Academy Museum	3,500.00		3,500.00
Tennis Facility	34,500.00	-53.88	34,446.12
Cannonsburgh	12,500.00	-150.00	12,350.00
Old Fort	48,200.00	-5,976.43	42,223.57
Patterson Park	15,900.00	-294.88	15,605.12
Oaklands Park	14,800.00		14,800.00
	<u>624,800.00</u>	<u>-40,850.38</u>	<u>583,949.62</u>

Buildings			
McFadden Community Ctr.	10,500.00	-349.48	10,150.52
Patterson Community Ctr.	133,300.00	-1,467.96	131,832.04
Theatre	17,000.00		17,000.00
Sports*Com/Pavilion	83,950.00	-2,332.52	81,617.48
Siegel Park	30,700.00	-756.22	29,943.78
Old Fort Park	9,000.00	-174.99	8,825.01
Oakland Park	5,000.00		5,000.00
Rogers Park	1,000.00		1,000.00
Administration Office	10,000.00	-281.00	9,719.00
Tennis Facility	40,000.00	-569.82	39,430.18
Barfield Park	19,700.00	-5,405.23	14,294.77
Building Maintenance continued	FY 26 Budget		
Cannonsburgh	17,000.00	-5,542.71	11,457.29
Gateway Island	1,400.00	-467.52	932.48
Wilderness Station	9,400.00	-242.95	9,157.05
Greenway Buildings	8,700.00	-32.97	8,667.03
Franklin Road Property	2,000.00	-406.38	1,593.62
Central Maintenance Shop	11,400.00	-146.64	11,253.36
Bradley Academy Museum	25,000.00	-431.15	24,568.85
Ballfield Buildings	30,800.00	-2,209.97	28,590.03
	465,850.00	-20,817.51	445,032.49
Swimming Pools			
Patterson Pool	30,000.00	-2,064.87	27,935.13
Sports*Com Indoor Pool	22,600.00	-1,926.25	20,673.75
Sports*Com Outdoor Pool	48,000.00	-3,163.77	44,836.23
	100,600.00	-7,154.89	93,445.11
Supplies			
Postage	1,700.00	-87.86	1,612.14
Office Supplies			
Recreation	12,800.00	-190.26	12,609.74
Sports*Com	2,500.00	-265.86	2,234.14
Patterson Community Center	5,500.00		5,500.00
McFadden Community Center	3,200.00		3,200.00
Cannonsburgh	1,000.00	-72.49	927.51
Cultural Arts	2,200.00	-7.56	2,192.44
Wilderness Station	1,300.00	-13.65	1,286.35
Bradley Academy Museum	1,100.00		1,100.00
Indoor Tennis Facility	2,300.00	-172.37	2,127.63
	31,900.00	-722.19	31,177.81
IT Supplies	17,400.00	-3,507.45	13,892.55
Advertising			
General, Newspaper, etc.	47,500.00	-6,192.00	41,308.00
Patterson Advertising	1,500.00		1,500.00
Bradley Academy Museum	1,000.00		1,000.00
Cannonsburgh Ads/Brochures	1,000.00		1,000.00
Indoor Tennis Facility	1,000.00		1,000.00
Sports*Com	1,500.00		1,500.00
Cultural Arts	5,000.00		5,000.00
Wilderness Station/Outdoor Recreation	2,000.00		2,000.00
	60,500.00	-6,192.00	54,308.00
Janitorial Supplies			
Recreation	6,500.00	-173.06	6,326.94
Central Maintenance	12,000.00	-1,078.00	10,922.00
Ball Fields	21,000.00	-3,838.01	17,161.99
Sports*Com	19,000.00	-61.05	18,938.95
Patterson Community Center	35,000.00	-2,271.73	32,728.27

McFadden Community Center	5,000.00	-472.63	4,527.37
Barfield-Crescent Park	12,000.00		12,000.00
Wilderness Station	2,000.00		2,000.00
Cannonsburgh	2,000.00	-556.84	1,443.16
Richard Siegel Park	22,000.00	-1,751.36	20,248.64

Janitorial Supplies continued	FY 26 Budget		FY 26 Budget
Bradley Academy Museum	1,500.00		1,500.00
Indoor Tennis Facility	12,000.00	-1,377.62	10,622.38
	150,000.00	-11,580.30	138,419.70
Trophies			
Athletics	13,000.00	-641.16	12,358.84
Recreation	2,000.00		2,000.00
Patterson Center	700.00		700.00
Indoor Tennis Facility	400.00		400.00
	16,100.00	-641.16	15,458.84

Activity Supplies			
Wilderness Station	6,000.00	-295.83	5,704.17
McFadden Community Center	3,000.00	-363.00	2,637.00
Patterson Community Center	9,000.00		9,000.00
Cultural Arts - Visual/Performing	7,000.00	-268.29	6,731.71
Sports*Com	5,000.00		5,000.00
Cannonsburgh	1,800.00	-276.28	1,523.72
Athletics	3,500.00		3,500.00
Bradley Academy Museum	3,000.00		3,000.00
Indoor Tennis Facility	2,000.00		2,000.00
	40,300.00	-1,203.40	39,096.60

Hand Tools & Hardware			
Maintenance-Central	2,300.00	-456.95	1,843.05
Maintenance Barfield-Crescent	600.00		600.00
Richard Siegel Park	850.00	-169.17	680.83
Ball Fields	900.00	-27.98	872.02
Recreation	100.00		100.00
Sports*Com	800.00		800.00
Patterson Community Center	800.00		800.00
Cannonsburgh	400.00		400.00
Cultural Arts	500.00		500.00
Outdoor Recreation	700.00	-94.05	605.95
McFadden	300.00		300.00
Bradley Academy Museum	150.00		150.00
Indoor Tennis Facility	300.00		300.00
	8,700.00	-748.15	7,951.85

Clothing			
Maintenance	10,000.00	-199.95	9,800.05
Cultural Arts	700.00		700.00
Recreation/Admin	300.00		300.00
Sports*Com	1,200.00		1,200.00
McFadden Community Center	400.00		400.00
Athletics	2,100.00		2,100.00
Cannonsburgh	600.00		600.00
Patterson Community Center	3,300.00	-591.00	2,709.00
Wilderness Station/Greenway	1,200.00		1,200.00
Aquatics	6,700.00		6,700.00
Bradley Academy Museum	300.00		300.00
Indoor Tennis Facility	1,600.00		1,600.00
	28,400.00	-790.95	27,609.05

Admission Supplies	7,000.00		7,000.00
--------------------	----------	--	----------

	FY 26 Budget		FY 26 Budget
Supplies continued			
Recreational Supplies			
Athletics	62,600.00	-1,724.90	60,875.10
Sports*Com	6,400.00		6,400.00
Aquatics	10,100.00		10,100.00
McFadden Community Ctr.	6,000.00	-293.37	5,706.63
Cannonsburgh	1,500.00		1,500.00
Siegel Park	32,000.00	-8,926.78	23,073.22
Patterson Community Center	14,250.00		14,250.00
Bradley Academy Museum	2,000.00		2,000.00
Outdoor Murfreesboro	11,000.00	-1,584.18	9,415.82
Cultural Arts	4,000.00		4,000.00
Indoor Tennis Facility	11,700.00		11,700.00
	<u>161,550.00</u>	<u>-12,529.23</u>	<u>149,020.77</u>
Food			
General	6,500.00	-399.51	6,100.49
Wilderness Station/Outdoor Murfreesbo	2,500.00	-41.96	2,458.04
Patterson Community Center	10,800.00		10,800.00
Tennis	5,000.00	-291.22	4,708.78
Bradley Academy Museum	1,800.00		1,800.00
Cannonsburgh	1,000.00	-18.30	981.70
Cultural Arts	9,500.00	-1,517.11	7,982.89
McFadden Community Center	3,000.00		3,000.00
Athletics	4,100.00	-669.71	3,430.29
Sports*Com	3,000.00		3,000.00
	<u>47,200.00</u>	<u>-2,937.81</u>	<u>44,262.19</u>
Printing Services	1,900.00		1,900.00
Newspaper Subscriptions	2,500.00	-365.40	2,134.60
Operating Supplies			
Patterson Center	700.00		700.00
Sports*Com	800.00		800.00
Cannonsburgh	400.00		400.00
	<u>1,900.00</u>		<u>1,900.00</u>
Safety Supplies	16,700.00	-122.07	16,577.93
Miscellaneous Supplies			
Recreation/General	1,500.00		1,500.00
Sports*Com	400.00		400.00
Patterson Community Center	400.00		400.00
Bradley Academy Museum	200.00		200.00
Indoor Tennis Facility	400.00	-84.10	315.90
	<u>2,900.00</u>	<u>-84.10</u>	<u>2,815.90</u>
Utilities			
Electricity	885,000.00		885,000.00
Water	205,000.00		205,000.00
Gas	120,000.00		120,000.00
Telephone	22,000.00		22,000.00
Cellular Phone	24,000.00		24,000.00
Internet Service	21,000.00		21,000.00
Cable TV Service	1,600.00		1,600.00
Solid Waste Fees	58,000.00		58,000.00
	<u>1,336,600.00</u>		<u>1,336,600.00</u>
Travel & Subsistence			
Mileage	7,000.00		7,000.00
Meals During Meetings	4,500.00	-76.40	4,423.60
	<u>11,500.00</u>		<u>11,500.00</u>

Recreational Activities			
Park Movies	13,000.00		13,000.00
Cultural Activities			
July 4th - Special Events	23,200.00	-15,340.51	7,859.49
Halloween - Special Events	13,000.00		13,000.00
Cannonsburgh Special Events	41,100.00	-850.00	40,250.00
Patterson Community Center Special E	4,500.00		4,500.00
Barfield Crescent Park - Special Events	7,500.00	-1,785.45	5,714.55
Cultural Arts/Greenway Special Events	21,900.00	-50.00	21,850.00
Sports*Com Special Events	3,300.00		3,300.00
McFadden Community Center Special I	13,000.00	-1,209.72	11,790.28
Bradley Academy Museum Special Eve	9,000.00		9,000.00
Miscellaneous Special Events	4,000.00	-200.00	3,800.00
New Year's Day 5K	12,000.00		12,000.00
Children's Theatre	25,000.00	-1,744.10	23,255.90
	177,500.00	-21,179.78	156,320.22
Miscellaneous Expense			
Association Dues	6,400.00	-1,875.00	4,525.00
Training Personnel	27,300.00	-219.50	27,080.50
Licenses/Certifications	3,000.00		3,000.00
Other Employee Travel	1,000.00		1,000.00
Surveys & Studies/Consultant's Service	50,000.00		50,000.00
Employee Testing	500.00		500.00
Employee Respirator Testing	500.00		500.00
Coaches' Background Checks	1,000.00		1,000.00
Computer Software Subscriptions	17,000.00	-199.99	16,800.01
Cannonsburgh Instructors	1,200.00	-150.00	1,050.00
Cultural Arts/Bradley Instructors	7,500.00	-150.00	7,350.00
Outdoor M'boro Contracted Service	4,800.00	-1,000.00	3,800.00
Tennis Instructors	74,190.00	-6,564.25	67,625.75
Tennis Tournaments	19,000.00	-1,759.50	17,240.50
Bank Service Charges	80,000.00		80,000.00
Purchases for Resale			
	FY 26 Budget		FY 26 Budget
Sports*Com	60,000.00	-12,193.25	47,806.75
Cultural Arts	2,500.00		2,500.00
Athletics	9,000.00	-688.00	8,312.00
Cannonsburgh	6,000.00	-1,018.13	4,981.87
Patterson Community Center	20,000.00	-1,167.86	18,832.14
Wilderness Station	30,000.00	-204.83	29,795.17
McFadden Community Center	2,000.00	-154.80	1,845.20
Bradley Museum	1,000.00		1,000.00
Indoor Tennis Facility	40,000.00	-3,075.15	36,924.85
	170,500.00	-18,502.02	151,997.98
Sales Tax	45,000.00		45,000.00
Designated Donations			
Patterson Community Center	3,000.00		3,000.00
Other - Greenway/Cult Arts/Bradley, etc	35,000.00	-35,000.00	0.00
	38,000.00		38,000.00
Other Miscellaneous	13,000.00	-4,095.00	8,905.00
Additions to Fixed Assets	317,100.00	43,083.09	360,183.09
Operating Exenditures	4,671,072.00	-149,088.76	4,521,983.24
Total Recreation Budget	15,374,119.00	-1,444,568.75	13,929,550.25
Salaries and Expenses			

MURFREESBORO PARKS & RECREATION DEPARTMENT

Budget Comparison-St. Clair

	FY26	FY26 July Expenses	Remaining
Salaries			
Full-time Personnel	677,758.00	-71,028.04	748,786.04
Longevity	5400	0.00	5,400.00
Holiday Pay	1,500.00	-412.38	1,912.38
Part-time Personnel	233,654.00	-27,645.25	261,299.25
Overtime	5,000.00	-137.92	5,137.92
Annual Holiday Gift	900.00	0.00	900.00
Worker's Compensation	7,816.00	0.00	7,816.00
Social Security	70,046.00	-7,357.10	77,403.10
Medical-Dental	126,484.00	-12,899.76	139,383.76
Employee Retirement Defined Benefit	33,918.00	-3,858.39	37,776.39
Retirement Defined Contribution	41,732.00	-4,293.29	46,025.29
Life Insurance, LTD	3,666.00	-901.74	4,567.74
Salares and Insurance	1,207,874.00	0.00	1,336,407.87
Operation & Maintenance			
Vehicles & Machinery - Fleet	1,839.00	0.00	1,839.00
Vehicles (not Fleet)	200.00	0.00	200.00
Machinery & Equipment	500.00	0.00	500.00
Office Equipment	5,000.00	-794.42	5,794.42
Grounds	29,000.00	0.00	29,000.00
Recreational Equipment	3,000.00	0.00	3,000.00
Janitorial Equipment	300.00	0.00	300.00
Appliance Repairs	600.00	0.00	600.00
Software Maintenance	2,800.00	0.00	2,800.00
Buildings	31,100.00	-1,054.50	32,154.50
Supplies			
Postage	500.00	0.00	500.00
Office Supplies	8,600.00	-343.16	8,943.16
IT Supplies	250.00	0.00	250.00
Advertising	21,000.00	0.00	21,000.00
Janitorial Supplies	16,000.00	-1,289.62	17,289.62
Activity Supplies	15,400.00	-896.22	16,296.22
Trophies	500.00	0.00	500.00
Hand Tools & Hardware	600.00	0.00	600.00
Clothing	1,800.00	0.00	1,800.00
Recreational Supplies	5,600.00	-1,392.59	6,992.59
Software Subscription	1,200.00	0.00	1,200.00
Trip Expense Supplies	36,000.00	-2,318.30	38,318.30
Food	26,500.00	-1,507.63	28,007.63
Printing Services	1,000.00	0.00	1,000.00
Safety Supplies	1,000.00	-120.69	1,120.69
Fuel	4,000.00	-165.30	4,165.30
Other Misc. Supplies	1,000.00	0.00	1,000.00
Utilities			
Electricity	54,000.00	-4,679.57	58,679.57
Water	4,600.00	0.00	4,600.00
Gas	2,300.00	0.00	2,300.00

Telephone	2,400.00	-218.32	2,618.32
Cellular Phone	1,000.00	-50.75	1,050.75
Internet Service	1,600.00	-128.90	1,728.90
Cable TV Service	300.00	-21.02	321.02
Solid Waste Fees	2,600.00	0.00	2,600.00
	<u>68,800.00</u>	<u>0.00</u>	<u>73,898.56</u>

Page 2 Senior Center Monthly Budget
Report FY23

	<u>2025-2026</u> Budget	FY26 Budget	<u>2025-2026</u> Balance
Other Expenses			
Mileage	300.00	0.00	300.00
Cultural Activities	8,000.00	-500.00	8,500.00
Miscellaneous Expense	1,000.00	0.00	1,000.00
Association Dues	500.00	0.00	500.00
Travel/Training Personnel	4,500.00	0.00	4,500.00
Contractual Services/Class Instructors	49,200.00	0.00	49,200.00
Licenses/Certifications	200.00	0.00	200.00
Bank Service Charge (credit cards)	2,400.00	0.00	2,400.00
Designated Donations	1,000.00	0.00	1,000.00
Sales Tax	700.00	0.00	700.00
			0.00
Additions to Fixed Assets	<u>25,000.00</u>	<u>0.00</u>	<u>25,000.00</u>
Expenditures	376,889.00	-10,382.43	-387,271.43
Total St. Clair Budget	1,653,563.00	-10,382.43	-1,663,945.43



ANNUAL REPORT FY2024-2025

ST CLAIR STREET SENIOR CENTER

Website: www.murfreesborotn.gov/seniorcenter

Facebook: @StClairSeniorCenter

Telephone: 615-848-2550

325 St Clair Street
PO Box 332369
Murfreesboro, TN 37133



TABLE OF CONTENTS

REFLECTIONS FROM THE FACILITY SUPERINTENDENT	3
Mission Statement	5
Accomplishments and Goals	5
City Council, City Officials and Center Staff	6
CENTER STATISTICS	7
FINANCIAL SUMMARY	8
Revenues	8
Expenses	9
PROMOTING SUCCESSFUL AGING	10
Evidence Based Classes	11
Telephone Reassurance & Resource Information	12
Educational Programs	13
Health Education & Health Promotion Programs	14
Physical Fitness & Exercise Programs	15
Recreational Programs	16
Travel Destinations	17
HIGHLIGHTS THROUGHOUT THE YEAR	18
COORDINATION WITH OTHER AGENCIES	19
SENIORS IN ACTION	20

REFLECTIONS FROM THE FACILITY SUPERINTENDENT

Hello from St Clair Street Senior Center!

St Clair had a great year in 2024-2025 year. Our numbers increased to 2518 members with a daily average of 267 members Monday-Friday and 65 members on Saturday and Sunday.

Our participants have indicated by surveys, suggestion box and verbally, how they are enjoying the programs and their rights to choose which program that best suits their needs. At St Clair we try and provide as many fun and relaxing leisure programs as we can with the hopes of not having only one to choose from but several. Some of our programs this past year included Advanced Trivia and Trivia, Butter Bean Auction, Bingo, name that tune and Senior Feud to name a few to go along with our long-standing Leisure programs of Dances/ Seasonal Parties, Pool tournaments, and a Rabies Clinic.

We also offer several Art classes both paid and free, Quilting, Computer classes, UT Extension healthy eating and book clubs. St Clair continued to emphasize the importance of physical fitness to our seniors with our continuous programs Go4Life, Get Fit Stay Fit, Chair yoga, Gentle Fitness, Zumba, Yoga, Stretch Eccentrics, Core basics, Ball room dancing, Sail's, 5-line dance classes, Boxing Functionally Fit and Refit. We added Rev n flow, one on one fitness.

St Clair offered the seniors Health and Educational services throughout the year which included Weekly Blood Pressure checks, Dental Trucks, Harmonicas for Health, to exercise the lungs, as well as monthly speakers, ranging on topics from Men's and Women's Health, Diabetes, Parkinson Support Group, Free Hearing Exams, Grief Relief Support Group, and our popular Lunch and Learn programs. Our 2024 Health Expo had over 70 vendors and reached 388 seniors.

In addition to these great programs, St Clair enjoyed a partnership for the second year with Tech Goes Homes Digital Literacy Program. St Clair also is a host site for Meals on Wheels serving over 77,231 meals for the 2024-2025 year with 15,361 being congregate meals.

I would also like to thank each of the staff at St. Clair and Parks and Recreation Department and GNRC for all their hard work and dedication to serving the Senior citizens of Rutherford County and surrounding counties.

Mark Owens, Facility Superintendent

MISSION STATEMENT

To provide vibrant public spaces and inclusive programs delivered with visionary leadership and caring staff that engage the individual and strengthen the quality of life of our community.

ACCOMPLISHMENTS

- Increased participants by 170 seniors.
- Held a Digital Literacy Computer class helping seniors battle isolation.
- Hired a Support Specialist to assist with GNRC data collection/entry (PRFs).
- Successfully doubled our volunteer participation from 2,461.53 hours to 4,273.98 hours
- Increased event participation by 6,079 seniors this year.

GOALS

- Continue to improve and grow St Clair Senior Center.
- Recruit more Volunteers.
- Maintain a high level of customer service to our participants through surveys and the new survey portal.
- Continue to increase participant enrollment.
- Increase awareness and promote services offered with the community.
- Maintain current programs and activities while expanding new programs.
- Increase diversity within our programs and services.

CITY COUNCIL, CITY OFFICIALS & SENIOR CENTER STAFF

MURFREESBORO CITY COUNCIL - Shane McFarland, Mayor; Bill Shacklett, Vice-Mayor; Councilmembers - Jami Averwater, Madelyn Scales Harris, Austin Maxwell, Kirt Wade and Shawn Wright.

CITY ADMINISTRATION - Darren Gore, City Manager, Sam Huddleston, Asst City Manager - Engineering & Economic Development; Greg McKnight, Executive Director - Development Services; Chris Griffith, Executive Director -Public Infrastructure; Angela Jackson, Executive Director - Strategic Services; Raymond Hillis, Executive Director - Public Works; Nate Williams, Executive Director - Recreation Services; Mark McCluskey, Fire Chief; Mike Bowen, Police Chief; Erin Chief Financial Officer (City Recorder / Treasurer).

PARKS & RECREATION COMMISSION - Eddie Miller, Board Chair; Timothy Roediger, Vice Chair, Bill Shacklett, City Council, Shawn Wright, City Council, Dr. Trey Duke (Murfreeseboro City Schools), Charlie Montgomery, Dr. Gloria L Bonner, Leroy Cunningham, Kent Syler; and Don Turner (ex Officio). Our Commission meets monthly on the first Wednesday of each month at noon.

PARKS & RECREATION DEPARTMENT - Nate Williams, Executive Director, Thomas Laird, Assistant Director and Rachel Singer, Assistant Director.

SENIOR CENTER STAFF - Mark Owens, Facility Superintendent; Trevor Hutchison, Recreation Facility Coordinator; Beth McDaniel & Russ Thompson, Asst Recreation Facility Coordinators; Jessica Boss, Administrative Asst II, Lisa Blythe, Kathy Herod & Laura Grissom, Program Coordinators; Caroline Martin & Lois Maier, Asst Program Coordinators; June Nicdao, Social/Recreation Services Technician; April Eades, Kimberly Warren, Ethan Farris & Deborah Woodward, Facility Attendants; Clavin Clemmons, Kaz & Timothy Wilts, Drivers; Nate Riggs, Mike Brown Custodians.

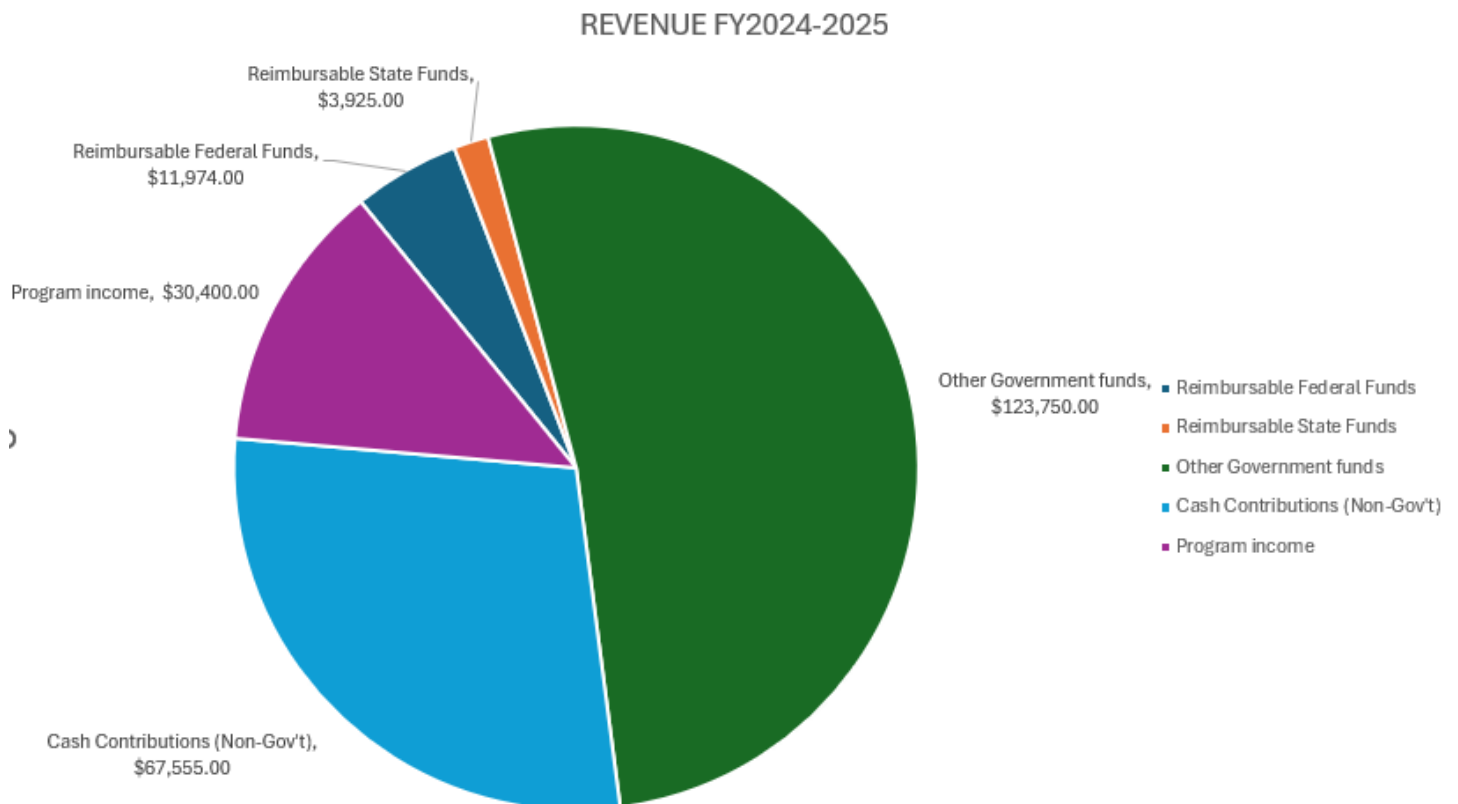
SENIOR CENTER STATISTICS

- Total Event Sign Ins - 107,952
- Average Daily Attendance - Avg Duplicated - 267.34
- Unduplicated participants - 2427
- New participants - 170
- Unduplicated participants attending Evidence Based Classes - 75
- Number of Volunteers - 69
- Total Volunteer hours - 4,273.98
- Number of trips taken - 120 Trips
- Resource Information - 521
- Telephone Reassurance - 85
- Number of meals served by MOW - 77,231

FINANCIAL SUMMARY

REVENUES

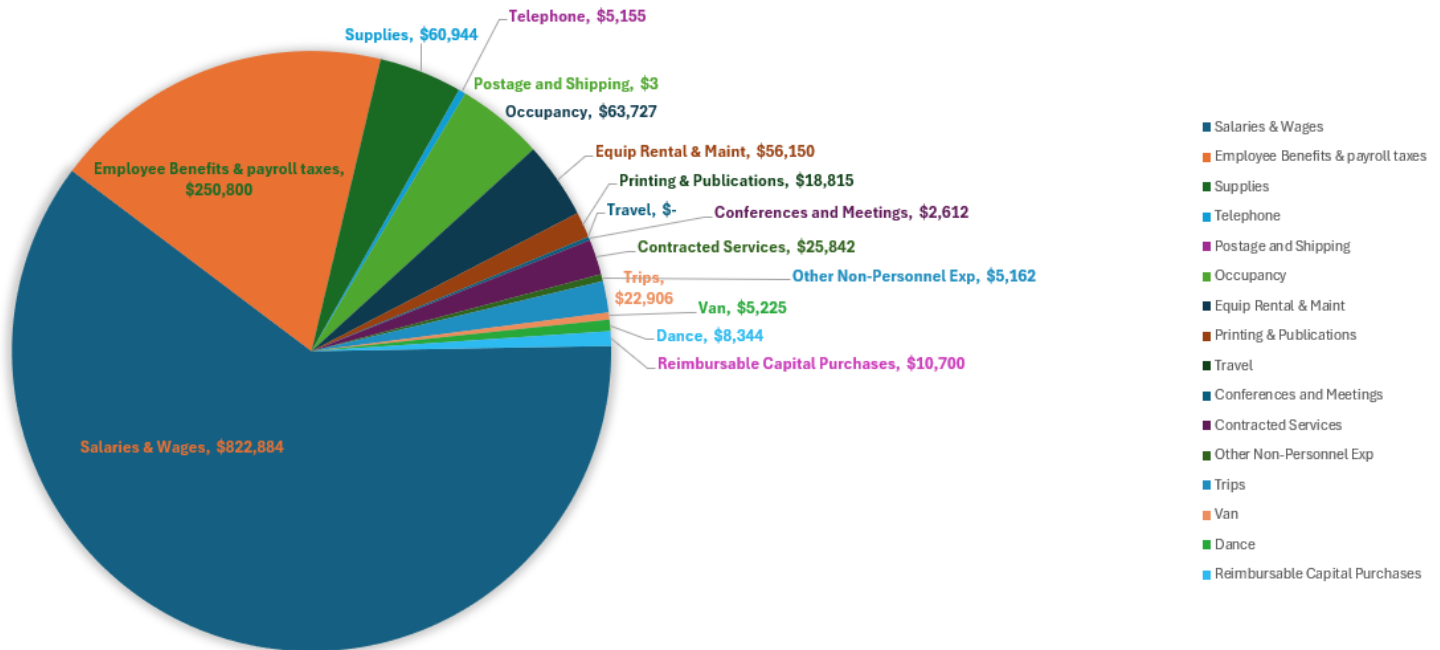
The Senior Center received funding from State, Federal, County, programming revenue and trip revenue. Total revenues received \$237,604.



EXPENSES

The Senior Center's expenses included items purchased for classes, events, as well as labor and supplies. Total expenses paid out \$1,359,269.

EXPENSES FY2024-2025



PROMOTING SUCCESSFUL AGING THROUGH

- Education
- Evidence Based Classes
- Health Education
- Health Promotion
- Health Screenings
- Information & Assistance
- Physical Fitness & Exercise
- Recreation
- Travel

EVIDENCE BASES CLASSES

NAME OF CLASS	DUPLICATED	UNDUPLICATED
SAIL - Stay Active and Independent for Life	2,228	75

TELEPHONE REASSURANCE & RESOURCE INFORMATION

SERVICE	DUPLICATED	UNDUPLICATED
Telephone Reassurance	85	65
Resource Information	521	288

EDUCATIONAL PROGRAMS

AARP Smart Driver
 Aviation 101
 Avoid Scams and ID Theft
 Cape Cod and the Islands Pre-Trip Meeting
 Citizens Police Academy for Senior Citizens
 Coffee Club with Edward Jones
 Computer Tech Help
 Cooking Class:
 Dating After 60: How to in 2025
 Emergency Preparedness: The Other Bucket List
 Financial Wellness Lunch and Learn
 Free Legal Documents Presentation
 Free Wills for Veterans
 History of the Fiddle and Bluegrass Music
 Holidays Can Be A Pain in the Bu... Back
 Home and Community Safety Tips
 Homesteading 101
 Homesteading 101: Backyard Chickens
 How to Make Doctor Appointments on Your Cell Phone and More
 In the Garden
 In the Garden- Best Practices for Water Conservation
 In the Garden: Care and Feeding of Houseplants
 In the Garden: Composting
 In the Garden: Container Gardening
 In the Garden: Gardening with Nature
 In the Garden: How to care for/arrange for Holidays
 In the Garden: Iris and Daylilies
 In the Garden: Landscaping with Dwarf Conifers
 In the Garden: Lawns and Lawn Care
 Library Apps on Your Phone
 Mayflower Cruises & Tours 2026 Trips Presentation
 National Parks of the Southwest Pre-Trip Meeting
 New England Rails & Sails Pre-Trip Meeting

Power of Attorney by Legal Aid
Republic Banking Lunch and Learn
Scam Awareness
Simple Wills For Seniors
Tax Changes for 2025
Thrifty Dinner Parties
Trip Escort Sign-Ups
Trip Escort Training
VA Loans/Downsizing and More Lunch and Learn
Veteran Home Health Benefit Presentation
Veterans Informational Meeting
Where There is A Will There is A Way
Whiz STEM

HEALTH EDUCATION, PROMOTION & SCREENING PROGRAMS

1 on 1 Wellness Consult with Kristen
 Alzheimers and Infusion Therapy
 Animal Therapy with HYHFarm
 Anxiety and Depression
 Basics of Acupuncture
 Be Red Cross Ready
 Benefits of Backyard Birding
 Blood Pressure Clinic
 Breathing Got You Blue
 Can Hearing Better Help You Think Better?
 Care for the Caregiver Series
 Caregiver Connection
 Choose to Lose-Weight Loss Program
 Choosing Wellness (Nutrition 101)
 Cochlear Implants
 Concussion Information
 Controlling Blood Sugar to Lose Weight
 Cook Smart Store Safe
 Dementia Awareness
 Diabetes Panel Discussion: Medical Practitioners
 Doors of Hope
 Eating Healthy When Eating Out
 Everybody Gets Older
 Exploring the Mediterranean Eating Pattern
 Fueling Longevity with Nutrition
 Genesis Healing Center: Holistic Living
 Grief Support Group
 Group Therapy for Loneliness and Isolation
 Group Therapy:
 Group Therapy: Facing Depression, Anxiety, Loneliness
 Hands Only CPR
 Harmonicas for Health
 Health Expo
 Healthy Breakfast That Can Also Be Dinner
 Hearing Loss and Isolation
 Heart Health
 Heart Health Lunch and Learn
 Home Health/End of Life Panel Discussion
 How Sugar Affects Your Body
 Kroger Shot Clinic
 Lets Talk About That

Living Healthy to 100
 Macular Degeneration Support Group VIPs
 Medicare Counseling
 Memory Care
 Men's Brain Health
 Men's Cardiac Health Breakfast
 MTSU Nursing Mini Health Fair
 MTSU Nutrition Food Demo
 Next Level Harmonic
 Nutrition Evaluation & Coaching
 Our Aging Bladder and Incontinence
 Pacific Prop PT: Stay Active with Strength Training
 Parkinson Support Group
 Parkinsons Second Meeting
 Peripheral Neuropathy and Treatment
 Radiant Aging: Essential Skincare for Mature Skin
 Red Cross CPR
 Red Cross First Aid
 Regenerative and Cellular Health
 Regenerative Health
 Regenerative Health and Cellular Health
 Regenerative Health Series: Pain/Immune System
 Regenerative Health: Inflammation and Arthritis
 Self Care for Caregivers
 Social Services for St Clair Seniors
 Songs for Sound Hearing Test
 Splatter Paint Away Stress
 Stop the Bleed
 Summer Health Tips for Seniors
 The How and Why of Stretching
 The How and Why of Stretching Lunch and Learn
 The Power of Positivity
 Tips for Better Sleep
 Tips for Healthy Women
 Using Technology to Quit Smoking
 Vascular Treatment Options
 Walgreens Prescription Review
 Ways to Ease Knee Pain
 Wellness with Essential Oils
 What is Vertigo and What You Can Do About It
 What To Do When Ur-ine Trouble
 Widow Support Group

PHYSICAL FITNESS & EXERCISE PROGRAMS

Advanced Boxing
Ballroom Dancing
Beginner/Improver Line Dance
Beginning Line Dance with Catrina
Beginning Tai Chi
Beginning Yoga
Bend and Balance
Boxing 101
Boxing Level 2
Cardio Strength
Chair Tai Chi
Chair Yoga
Core Foundations
Core Strength
DANCE - The Nashtones
DANCE: Bill Sleeter and Band
DANCE: Uptown Country Band
Fencing Class
Fit for All AM
Fit for All PM
Functionally Fit
Go4Life w/Laura
Go4Life with Sandy
Intermediate Boxing
Intermediate Tai Chi
Karate
Line Dance for Experienced Dancer
Line Dance Practice
Mat Pilates
Open Gym
Open Gym Boxing
Open Tai Chi
Power Walk

Refit

Refit and Rev and Flow

Rev and Flow

Saturday Line Dance

Stretch Zone

Stretching Through Movement

Sunday Line Dance

Walking Class

Weight Room Orientation

Yoga with Larry

Zumba AM

Zumba PM

RECREATIONAL PROGRAMS

4th of July Picnic
 A Mothers Tea
 Art & Craft Fair!
 Art Connection
 Arts & Craft Fair!
 Beginner Crafts
 Beginner Crafts - Basket Weaving
 Bid Whist Card Game
 Book Club
 Book Club- Meet the Author
 Bunco
 Butter Bean Auction
 Canasta
 Cards and Games
 Caris Cares Crafts
 Chicken Foot
 Concert with Eddie K
 Craft Fair and Sale- Christmas in July!
 Crafts: Basket Weaving
 Decoupage and More AM
 Decoupage and More PM
 Eight Ball Pool Tournament
 Elements of Art: Glass Paint Wood AM
 Elements of Art: Glass Paint Wood PM
 Euchre
 Gift Making Christmas Craft Class
 Great Pumpkin Contest
 Halloween Costume Ball
 Hand and Foot 1
 Hand and Foot 2
 HandBuilding with Clay
 Holiday Luncheon
 Hospice Helpers

I Need a Spa Day
Karaoke
Knitting, Crocheting & Quilting
Mah Jongg
Mardi Gras Social
Mboro Duplicate Bridge
Mboro Little Theatre
Mboro Little Theatre: Wild Women of Winedale
MTSU Party
Murfree Spring Wetland Stroll
Music for Seniors: Christmas Concert
Music Jam Session
Noon Years Eve Party
Party Bridge
Pinochle
Pinochle Tournament
Pool
Premier World Discovery 2026 Trips Presentation
Puzzles
Rook
Salute To Veterans Breakfast
Seniors Acting Up Play
Seniors Acting Up Play: Murder Mystery Dinner Theatre
Seniors Acting Up Practice
Shanghai Rummy
Singing Seniors
Social Art
Social Ceramics
Spades
Spin That Wheel
St Patrick's Day Dance Party
St. Clair Strummers
St. Rose Bridge
Stained Glass Class AM

Stained Glass Class PM
Stained Glass Jewelry Workshop
Sweetheart Dance
The Senior Feud
Trivia Games
Ultimate Bingo - Thursday
Vendor Fair
Vintage Venturers
Watercolor with Fran
Wild Birds Unlimited- An Early Sign of Spring
Wilderness Station Presents:
Wilderness Station Presents: Reptiles
Wilderness Station Presents: Murfree Spring Wetlands
Yard and Craft Sale

TRAVEL DESTINATIONS

"& Juliet"
 "A Christmas Story" The Musical
 "A Trip to the Moon"
 "Always...Patsy Cline"
 "Beautiful" - The Carole King Musical
 "Clue"
 "Company"
 "Crimes of the Heart"
 "Dreamgirls"
 "Driving Miss Daisy"
 "Grease" the Musical
 "Guys and Dolls"
 "MJ" The Musical
 "Moulin Rouge!" The Musical
 "Oklahoma!"
 "Pride and Prejudice"
 "Secret City" Museum and History Center
 "Sh-Boom!" - Life Could Be a Dream
 "Steel Magnolias"
 "The Miss Firecracker Contest"
 "The Sound of Music"
 A. R Cash
 All Shook Up
 Amish Country
 Andrew Jackson's Hermitage
 Ben Thompson's Elvis Experience
 Black History Museum
 Blueberry Bash
 Branson Show Extravaganza
 Cheekwood Estate & Gardens
 Christmas Around the World Handbell Concert
 Christmas at Gaylord Opryland
 Cirque du Soleil

Customs House Museum & Cultural Center
Dickens of a Christmas
Discover Wartrace
Dragon Boat Festival
Falcon Rest Mansion & Gardens
Fall Creek Falls
Fleetwood Mac - A Fleetwood Mac Tribute Band
Folk Medicine Festival
Franklin Main Street Festival
Hank Williams: The Lonesome Tour
Harmony Lane Farm & Creamery Tour
Highlights of England, Scotland & Wales
Historic Savannah, TN
Holiday Lights at Cheekwood
Jazz & Bluegrass at Arrington Vineyards
Jazz at Arrington Vineyards
L&L Market Shopping
Lighting of the Green
Lodge Museum of Cast Iron
Loretta Lynn's Ranch
Lucky Ladd Farms
Mansker's Fort and the Bowen Plantation House
McKay's
Miami, Fort Lauderdale & Key West, Florida
Million Dollar Quartet Christmas
Mountaineer Folk Festival
Musicians Corner
Nashville Zoo
Nashville Cherry Blossom Festival
Nashville Flea Market
Nashville Oktoberfest
National Parks of the Southwest
New England Rails & Sails
Nissan Smyrna Tour

Opry Mills Shopping
Paris, TN
Pumpkinfest
Ray Stevens CabaRay
RC Cola - MoonPie Festival
RCA Studio B & Country Music Hall of Fame and Museum
River Craft Ceramics
Rock Island State Park
Runnin' with Ol' Waylon
Shopping at Tanger Outlets
Southern Belle Riverboat Cruise
Summer Shakespeare - "As You Like It"
Tea & Train
Tennessee Aquarium
Tennessee Craft Fair
Tennessee River Autumn Lunch Cruise
Tennessee State Capitol
The Dancing Lights of Christmas
The Piano Men - A Tribute to Elton John & Billy Joel
Tim's Backroads of Rutherford County Tour
Tina Turner's Hometown
Tour Amazon
Trousdale Place & Sumner County Museum
Ultimate Oldies Rock N' Roll Show
Vendor Fair Shuttle & St. Clair
Washington, DC - Our Nation's Capital
Wilson County Fair
Yulefest
Zoolumination

HIGHLIGHTS THROUGHOUT THE YEAR

JULY/AUGUST

- Free Power of Attorney for Financial & Health
- Christmas is July Art & Crafts Sale
- AARP Smart Driver Course
- Fencing Class
- Murfree Spring Wetland Stroll

SEPTEMBER/OCTOBER

- Health Expo
- Medicare Annual Enrollment Appointments
- Vintage Venturers
- Great Pumpkin Contest
- Songs for Sound

NOVEMBER/DECEMBER

- Veteran's Breakfast
- Ray Stevens CabaRay
- Food Drive for MTSU students
- Free Basic Wills for Veterans
- Can Hearing Better Help You Think Better

JANUARY/FEBRUARY

- Regenerative Health: Inflammation & Arthritis
- Thrifty Dinner Parties
- Breathing Got you Blue
- Sweetheart Dance
- Black History Museum Trip

MARCH/APRIL

- Decoupage & More Class
- The Wild Women of Winedale Play
- A Plot for Murder Play
- MTSU Jazz Band Performance
- TN State Capitol Trip

MAY/JUNE

- Portugal & Douro River Cruise
- Stop the Bleed
- Avoiding Scams & ID Theft
- Tour Amazon
- Aviation 101

COORDINATION WITH OTHER AGENCIES

4Sigmatic
 AARP Smart Driver
 Abbott Labs
 Abigail Dalton at Achieve Homeostasis
 Acuity Health Advisors
 Adams Place Assisted Living
 Adoration Hospice and Homecare
 Adult Protective Services (Bill Benson, Nat'l. Policy Advisor APS)
 AgeWell
 Align Murfreesboro Massage Therapy
 Alive Hospice (Laura Gay Clark)
 All Heart Homecare
 Alzheimer's Association
 Amada Senior Care
 Amazon
 American Museum of Science & Energy
 American Red Cross
 Amigo's by the Dock
 Amish Welcome Center, The
 Andrew Jackson's Hermitage
 Antonio Young
 Anylab test
 Arbonne
 Arts Center of Cannon County
 Ascension Complete
 ASCENSION HEALTH
 Ascension St. Thomas
 Aubrey's Oak Ridge
 Barbara Lancaster, MTSU
 Barnabas Buddies
 Battle of Franklin Trust, The
 BC/BS OF TENNESSEE
 Beesley Animal Clinic

Beraldi Insurance
Big Bad Breakfast (Chattanooga)
Big Bad Breakfast (Franklin)
Black History Museum
Blue Magnolia
Body Renew
Boro Bowls
Bowmar Nutrition
Branches Counseling Center
Brown's Diner
Brunch & Brew
Campbellsville Café
Care Patrol
Caris hospice
Carley Barr - Amplified Healing
Carmen Gossett
Carriage House Players
Cathy Wilson w/Vanderbilt
Centennial Adult Care
Centennial Café
Center Well
Centerstone Care
Chattanooga Riverboat Company
Chattanooga Theatre Centre
Cheekwood Estate & Gardens
Chefs for Seniors
Cheryl's Beau Bees
Chick fil A
Chicken Salad Chick
City Of Murfreesboro Fire & Police
Coker Museum, The
Collins River BBQ & Café
Comfort Keepers
Comfort Ye Ministries

Community Helpers
Country Music Foundation, Inc.
Cumberland County Playhouse
Customs House Museum & Cultural Center
Daily Crunch
Dance Quest
Dancing Lights of Christmas, The
Definite Wellness
Delta Heritage Center
Diamond Tours
Dollar Tree
Doodles
Dow Street Music School
Dr. Austin Voigt
Dr. Jenna Bartucci
Dr. Schooly
Eden Wellness
Eggs Up Grill
Emmy's Restaurant
Erick Kigen - Optimum Cares CEO
Fabulous Fifties Foundation
Falcon Rest
Fall Creek Falls State Park
Fast Pace Health
Fifth Third Bank
First Baptist Church Murfreesboro (Pam Pilot)
Five Points Pizza (West Nashville)
Frankland Events, LLC
Fried Tater Café
Friends of Warner Parks
GENTIVA- Grief Support Group
Gondola House Pizzeria
Gondola Restaurant
Goo Goo Chocolate Co.

Green House Ministries
Harmony Lane Farm & Creamery
Healing Cypress
Healthy On the Go Protein Bars
Hearing Life
Historic Mansker's Station in Moss-Wright Park
Hold Your Horses Farm
Holistic Made Easy
Holt's Diner
Home Instead
Homestead Harvest Restaurant
Humana
Insight Counseling Center
Interfaith Dental
International Towing Museum
Intrepid USA Homecare
Jason Retzlaff from Edward Jones
Jennings & Ayers Funeral Home
Jessica Sparchu
Joanie's
Joe Cole Photography
John Toy from Parker, Toy & Associates, PLLC
Johnson Audiology
Journey Home
Judy Jennings - Widow Support Group
K-25 History Center
Kilgore's Restaurant
Kodiak Cakes
Kroger
Larry Keeton Theatre, The
Lee Ann Hyatt from "We Remember You" Nonprofit
Legal Aid Society
Legends Steakhouse (Shelbyville)
Lesser Evil

Lion's Club
Lipscomb University
Little Clinic
LMNT
Lodge Museum of Cast Iron
Loretta Lynn's Kitchen
Lucky Ladd Farms
Lynn Wood from Mental Health America of the MidSouth
M.L.Rose (Mt. Juliet)
Mama D's
Mansker's Station & the Bowen House
Marvelous Massage
Mary Kay - Peggy Carpenter
Mayflower Cruises & Tours
McMinnville Park Theater
Meals on Wheels
Medicaid Administration
Medicare
Medtronics
Metro Diner
Middle TN Electric Home Uplift Program
Mills Pharmacy
Mindful Care
Miss Lucille's Café
Moe's Southwest Grill
Morning Glory Orchards
MTSU professors
Murfreesboro Funeral Home
Murfreesboro Housing Authority
Murfreesboro Little Theater
Murfreesboro Medical Clinic
Muscle Therapy
Music 4 Seniors
Music City Bronze

Nashville Health & Wellness Fest
 Nashville Symphony
 National Center on Elder Abuse
 New Moon BBQ
 NHC Homecare
 Nissan Smyrna
 Nourish Food Bank
 Office of Attorney General TN
 On Fire Concerts
 Overboard Bar & Grille
 Pacific Pro PT
 Pam James
 Paris Henry County Heritage Center
 Perk Energy
 Pop's Coffee Shop
 Premier World Discovery
 Primary Care & Hope Clinic
 Pueblo Viejo Mexican Grill
 R'ford Co. Habitat for Humanity
 Ray Radford, bee keeper
 Ray Stevens CabaRay
 Reeves Medical
 REEVES-SAIN
 Restore Hyper wellness
 River Craft Ceramics
 Robertson County Players
 Rockvale High School
 Ron Ream - Parkinson Support Group
 Rowdy's Wild Rides
 Roxy Regional Theatre
 Rutherford City Health Department
 Rutherford County Health Department
 Rutherford County SCAN Program
 Rutherford County School-Oakland High

Salvation Army
Sanitas
Select Physical Therapy
Seniors Helping Seniors Middle TN
Shelli's Coffee and Social
Shugga Hi Bakery and Café
Sit Means Sit
Smart Bank
Smile on 65 Plus
Smotherman Properties
Social Security Administration
Sonny's Patio Pub and Refuge
Southeast Natural Medicine
Southern Charm Tea Room
Springhouse Theatre Company
Sprouts
Square Market & Café
St. Clair Skincare
St. Marks United Methodist
St. Paul's Episcopal Church
St. Thomas West
St. Thomas Woodbury
Stanlick Chiropractic
Star Center
STAR Physical Therapy
Stillery (Midtown), The
Stretch Zone
Studio Tenn Theatre Company
Sumner County Museum
Sunbutter
Susan Freeman and Nancy Parker - GNRC & SHIP Coordinators & Volunteers
Synergy Homecare
TeleMate Health
TennCare Connect

Tennessee Performing Arts Center
Tennessee River Museum
Tennessee State Capitol
Tennessee Valley Railroad
The Fisher Center (at Belmont University)
The Little Clinic
The Pharmacy Burger Parlor & Beer Garden
The Pottery Place
The Slider House
Therapaint Studios
Thigpen Hearing Center
Three Rivers Family Dentistry
TN Alzheimer's
TN Commission on Aging and Disability
TN library for accessible books and media
TN Respite Organization (Jack Reed)
TN Service for the Blind
TN Vaccine Services
Todd Libman from LIBMANN INSURANCE
Tomahawk Care Home
Toots
Total Body Wellness
Touching Hearts
Travellers Rest Historic House Museum
Tree Ring Legal
Trousdale Place
True Primal Soup
TSU SNAP-Ed Extension Agent
Tullahoma South Jackson Civic Association, Inc.
Twelve Stone
Uncle Julio's Brentwood
Unique Beatz
Unity Psychology
UT/TSU Extension

Veterans Administration
Veterans Administration
Veterans Service Officer Dominick Grimaldi
Volunteer Behavioral Health
Voodoo Gumbo
Walgreens
Wartrace Town Hall
Wellcare Pharmacy
WellPoint
Westbrook Towers Independent Living
Westminster Home Connection
Whiskey Trail BBQ & Steakhouse
White Star Tours
Wild Birds Unlimited
Wilson County Veteran's Museum
Winchester Downtown Program Corp.
Wings Remembered
Woodfin's Funeral Home
Yvonne Dadson

SENIORS IN ACTION







MURFREESBORO PARKS & RECREATION

ST CLAIR STREET SENIOR CENTER

325 St Clair Street, PO Box 332369

Murfreesboro, TN 37133-2369

Phone: 615-848-2550

Fax: 615-904-6411

Website: www.murfreesborotn.gov/seniorcenter

Facebook: @StClairSeniorCenter