

MURFREESBORO PARKS AND RECREATION COMMISSION AGENDA  
WEDNESDAY, SEPTEMBER 3, 2025 12:00 NOON

Call to Order

Prayer and Pledge of Allegiance

Public Comments on Actionable Items

New Business

- I. Consider MPRC Minutes of August 6, 2025
- II. Consider Fee Adjustment for Express Yourself Program
- III. Consider Art Sampler Night
- IV. Consider Photography Walk
- V. FY26 Finance Report (July)
- VI. Natural Resource Division Update
- VII. Girls Flag Football Information
- VIII. St. Clair Senior Center Annual Report
- IX. Update on MPRD Programs and Events

Other Business

MURFREESBORO PARKS AND RECREATION COMMISSION MINUTES  
WEDNESDAY, AUGUST 6, 2025 12:00 NOON

MPRC Members Present: Mr. Eddie Miller, Chair  
Dr. Gloria Bonner, Mr. Charlie Montgomery,  
Mr. Bill Shacklett, Mr. Kent Syler, Mr. Shawn Wright, and  
Mr. Don Turner (ex officio)

MPRC Members Absent: Mr. Leroy Cunningham, Dr. Trey Duke, and  
Mr. Tim Roediger

City Staff Present: Mr. Nate Williams, Exec. Director of Recreation Services  
Mr. Thomas Laird, Asst. Director  
Mr. Joseph Leonard, Asst. City Attorney  
Ms. Macey Woldt, City Staff Attorney  
Ms. Lynn Caldwell, Mr. Kyle Goss, Ms. Susan Hicks,  
Ms. Mitzi Hughes, Dr. Gernell Jenkins, Mr. Michael McCafferty,  
Mr. Greg Phillip, and Mr. Mark Owens

After Mr. Eddie Miller called the meeting to order, Dr. Gloria Bonner led the commission in a prayer and in the Pledge of Allegiance. No one signed up for the public comments part of the meeting. Mr. Eddie Miller next presented two sets of Murfreesboro Parks and Recreation Commission (MPRC) meeting minutes for approval, March 5, 2025, and May 7, 2025.

Mr. Kent Syler made a motion to approve the March 5, 2025, MPRC meeting minutes as read, and Mr. Shawn Wright seconded. Motion passed by the following vote.

Aye: Dr. Gloria Bonner, Mr. Eddie Miller, Mr. Charlie Montgomery  
Mr. Bill Shacklett, Mr. Kent Syler, Mr. Shawn Wright

Nay: None

Mr. Montgomery made a motion to approve the May 7, 2025, MPRC meeting minutes as read. Mr. Syler seconded. Motion passed by the following vote:

Aye: Dr. Gloria Bonner, Mr. Eddie Miller, Mr. Charlie Montgomery  
Mr. Bill Shacklett, Mr. Kent Syler, Mr. Shawn Wright

Nay: None

Mr. Nate Williams directed the commission to the year-end Finance Report for FY25 and pointed out actual expenses, budgeted expenses, and revenues. He also mentioned

notable differences as shown on a graph for 2021 up to 2025 regarding the department's budget performance. Mr. Williams added that revenues for Richard Siegel Soccer Park have gone up greatly since 2021, as more additions have been made to the park and more events are being held there. Mr. Miller asked Mr. Williams if he had a general idea of how much revenues have increased. Mr. Williams said that he should have run the numbers before the meeting but would send the information to the commission after the meeting. Mr. Williams said the most dramatic revenue jump was from 2021 to 2022, although there has been a steady increase every year. Mr. Miller commented that MPRD has a big budget with a lot of activity and that staff manages the monies well.

Mr. Kyle Goss, Aquatics Superintendent, requested the commission's approval to increase the age of unattended youth at MPRD aquatic facilities to age 13 from age 8. Up to now, the Aquatics Facilities' age policy has mirrored the age policy followed at MPRD facilities in general, which is currently age 8. Staff and commission members agreed that age 8 is too young for children to be in an aquatic facility without proper supervision. Under the new policy, children under 13 will need someone aged 16 or older to supervise them at the MPRD aquatic facilities. Mr. Wright made a motion to approve the revised age policy as described. Mr. Charlie Montgomery seconded, and motion passed by the following vote:

Aye: Dr. Gloria Bonner, Mr. Eddie Miller, Mr. Charlie Montgomery  
Mr. Bill Shacklett, Mr. Kent Syler, Mr. Shawn Wright

Nay: None

Mr. Greg Phillip, Cannonsburgh's Facilities Coordinator, presented two items for approval. The first item was for a new program, Village After Dark, which is to take place October 17-18, 2025, from 6:00-9:00 p.m. for all ages. Program guests can participate in flashlight hunts to look around the dark corners of the Village's cabins. Also offered with the program will be BINGO, blacksmith demonstrations, themed crafts, food trucks, and more. Mr. Phillip explained that a fee of \$5 per person is requested to help offset costs for this new event. Mr. Wright made a motion to approve the Village After Dark program and its associated fee. Mr. Montgomery seconded the motion. Motion passed by the following vote:

Aye: Dr. Gloria Bonner, Mr. Eddie Miller, Mr. Charlie Montgomery  
Mr. Bill Shacklett, Mr. Kent Syler, Mr. Shawn Wright

Nay: None

The other item presented by Mr. Phillip was for Christmas at Cannonsburgh, which will be different than in the past few years, having three components to help celebrate the holidays. Mr. Phillip said that visitors can see the Village and buildings all decorated for the Christmas

holidays during regular free admission dates and times (Tuesdays-Fridays, 9am-3pm) December 5-19, with pop-up crafts and other activities during those times.

Then, during extended holiday hours for the Village, 4pm-8pm, on December 5-6, 12-13, and 19-20, there will be caroling, live music, food trucks, letters to Santa, themed holiday crafts, demonstrations, and special guest appearances for the public. Mr. Phillip proposed an admission fee of \$5 per person aged 6 and over during the after-hours portion of the Christmas festivities.

Lastly, the popular drive-through Christmas lights at Cannonsburgh will be displayed in the Greenway Parking lot next to Cannonsburgh this year, rather than in the Village, as in the past. It will be free for everyone each night December 5-25. It will not be manned; people will just follow the route around the parking lot to see the Christmas lights exhibition area. Mr. Phillip mentioned that donations, however, are always welcome at Cannonsburgh.

Mr. Syler said that he was glad to see the Village being used for special events. He also mentioned that the nation's 250<sup>th</sup> anniversary will be in 2026. Mr. Phillip said that Cannonsburgh staff is already making plans to celebrate that occasion, also referred to as the nation's "Semicentennial." The DAR and some other groups will assist with the celebration at Cannonsburgh. Mr. Syler made a motion to approve Christmas at Cannonsburgh, including a \$5 fee for ages 6 and up for the after-hours portion of the festivities. Mr. Montgomery made the second, and motion passed by the following vote:

Aye: Dr. Gloria Bonner, Mr. Eddie Miller, Mr. Charlie Montgomery  
Mr. Bill Shacklett, Mr. Kent Syler, Mr. Shawn Wright

Nay: None

Mr. Michael McCafferty explained the need to increase fees for MPRD's Youth Sports Programs due to rising expenses for uniforms, equipment, officials, staffing, and facility operations. He said that the cost of delivering high quality programming has steadily increased over the last few years, while participation fees have remained the same. Staff conducted a comprehensive review of other youth sports participation fees in surrounding communities to make sure MPRD's rates are still competitive and in line with regional standards. The research on fees led to the updated fee request, which separates participation rates for City residents and Non-residents. City resident participation and activity fees were already in place, but staff proposed to raise the activity fee from \$10 to \$20 for Youth Flag Football, Youth Basketball, Youth Volleyball, and Youth Track and Field. The Non-resident participation fees will be \$15 more than the City-resident participation fees, and a \$20 activity fee is requested for Non-residents also. Mr. Miller said that the fees seemed reasonable and in order. Mr. Montgomery made a motion to approve the new Youth

Sports Fee Structure as proposed by staff. Dr. Bonner seconded the motion, and motion passed by the following vote:

Aye: Dr. Gloria Bonner, Mr. Eddie Miller, Mr. Charlie Montgomery  
Mr. Bill Shacklett, Mr. Kent Syler, Mr. Shawn Wright

Nay: None

Mr. Miller mentioned that the Miracle League's fall season is coming up and that he is always complimenting Mr. Laird about the league. Mr. Miller shared that Mr. Laird told him that Mr. McCafferty had a lot to do with the success of the Miracle League and that the participants really liked him. Mr. McCafferty said that he appreciated the comments. Mr. Williams asked Mr. McCafferty to inform the commission of the Fall Season dates for the Miracle League. Mr. McCafferty announced that jerseys would be distributed at a Boro Beach pool party for the athletes this weekend with games beginning next weekend and going every weekend through October 10-11.

Ms. Susan Hicks, Cultural Arts Supervisor, explained that the Not-So-Haunted Hayride was planned again for this year's Halloween Bash at Barfield Park after not being held for a few years due to issues with its former trail route. A different and gentler trail is being designed for this year, and staff will dress as storybook characters from *The Three Little Pigs* story, while lining the trail and telling the story live to the hayride patrons. Ms. Hicks said that staff was proposing a charge of \$5 per rider to help offset costs and to set the ticket prices the same as those for the Old Scream Road Hayride. Mr. Syler made a motion to approve the return of the Not-So-Haunted Hayride as described with its accompanying ticket price. Mr. Wright seconded, and motion passed by the following vote:

Aye: Dr. Gloria Bonner, Mr. Eddie Miller, Mr. Charlie Montgomery  
Mr. Bill Shacklett, Mr. Kent Syler, Mr. Shawn Wright

Nay: None

Another program presented for approval by Ms. Hicks was the Princess Program, part of the department's Youth Development initiatives based on innovative, performance-based programming. Under this program, young women, ages 14 through high school seniors, will be invited to audition to become an official Princess Representative at various City events, like the Barfield Bash, Christmas Celebration at Patterson, July 4<sup>th</sup> Celebration, etc., where their character-driven appearances will help enhance the City's events. As part of the program, the participants will receive special training in character development, performance presence, and community engagement. Ms. Hicks asked that a participant fee of \$25 be approved for each girl chosen for the Princess program to help offset program costs. Dr.

Bonner asked where the program would be held. Ms. Hicks said it would be held at Patterson's Washington Theatre. Dr. Bonner made a motion to approve the Princess Program with the requested participant fee. Mr. Wright seconded, and motion passed by the following vote:

Aye: Dr. Gloria Bonner, Mr. Eddie Miller, Mr. Charlie Montgomery  
Mr. Bill Shacklett, Mr. Kent Syler, Mr. Shawn Wright

Nay: None

Ms. Lynn Caldwell, Marketing Coordinator, gave MPRD program updates:

- MPRD Summer Camps ended last week and were very successful.
- Cultural Arts has been busy all summer with camps, Splash Outs, Celebration Under the Stars, art pop-ups, and various other activities.
- Great season for Boro Beach. Still open on the weekends through Labor Day, with a big blowout party planned for the patrons on that day.
- Puppy Plunge at Boro Beach is set for September 27<sup>th</sup>. It's always a fun event.
- Patterson Park's parking lot work has been completed, and a new playground and splash pad are expected to open in September. MPRC members will be invited to the ribbon cutting once the date is set.
- Update from Nate Williams: Old Fort Park's ball field renovation is now underway, and an early November completion date is expected. The ball field will receive synthetic turf and improved parking, and LED lights are now installed.
- Mr. Williams also announced that stormwater issues are being addressed at the Old Fort Park parking lot and ball field to remedy flooding issues that have occurred over the years.
- As mentioned by Mr. McCafferty, jerseys will be distributed to the Miracle League players this Friday night ahead of their fall season next weekend, August 15-16.
- Hummingbird Festival is set for Saturday, August 30<sup>th</sup>, at the Wilderness Station.
- Greenway Art Festival is set for Saturday, September 20<sup>th</sup>, at Cannonsburgh inside the Village grounds and along the greenway trailhead entrance.

Mr. Miller asked if Mr. Don Turner, Golf Commission Chair, had anything to share with the commission. Mr. Turner said that the Old Fort Golf Course (OFGC) is in good shape and is staying very busy. He added that there have been a lot of tournaments over the summer; green fees increased the first of June; and the greens were aerated the first of July. Mr. Turner mentioned that even with the fee increases, OFGC is still a little cheaper than other courses around here, and he thinks OFGC is still the best around.

Mr. Miller invited Mr. Laird to share any Athletics news he may have. Mr. Laird said that the after-school programs have started back up, including flag football and cheerleading for youth. He added that some coaches are still needed for anyone interested and explained that people can be trained to serve as coaches for the various Youth Sports. Also going on is the Special Olympics bowling, which will have a tournament around the end of September or beginning of October.

Mr. Williams confirmed that the department has been swamped with programs and activities, with two new full-time staff recently added to the budget. He said those employees will be introduced at a future MPRC meeting.

Mr. Montgomery said that the parks system is very impressive, and he gave a shout-out to how the staff maintains everything. Mr. Montgomery also wanted to know the status of the work at the new Veterans Park. Mr. Williams said that after the successful launch of the new park, construction is underway, with lots of grading taking place. He further mentioned that contractors are using aerial photography daily to check the construction's progress, and, hopefully, some photographs will be shared with the public soon. Mr. Williams thanked Mr. Montgomery for his comments on how nice the parks look. He said that he and the leadership staff had a meeting recently where they all agreed that the department is having its busiest year ever, and Mr. Williams believes the entire staff handles their work with ethics, grace, and excitement.

Mr. Montgomery further asked about roof leaks at Patterson Community Center. Mr. Williams said Dr. Gernell Jenkins was at today's meeting and could probably give an update on the issue. Dr. Jenkins explained that one of the City's Building Maintenance employees is working on the leaks over the adult gym. Mr. Williams added that a whole new roof is actually needed at Patterson and that monies are allocated for the work. Replacing the roof will be done as soon as possible. Mr. Montgomery said flat roofs are tough to deal with. Dr. Bonner informed everyone that she is now playing pickleball and needs a coach. Mr. Laird said he knew just the one for her. Mr. Laird further shared that since Dr. Bonner is on the Tennis and Pickleball Commission, she didn't really have a choice about learning to play pickleball. Being no other business, the meeting was adjourned.

Meeting Adjourned: 12:35 p.m.

Minutes Approved:

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Eddie Miller, MPRC Chair  
MPRC Chair

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Nate Williams  
Exec. Director of Recreation Services



August 29, 2025

For Murfreesboro Parks and Recreation Commission:

**RE: Approval of Fee Adjustment for Express Yourself Program**

**Background**

It is recommended that the Commission approve adding a supply fee to the current program fee for our Express Yourself art class.

Over the past four years, this program has grown significantly in participation and content. Due to increasing costs associated with materials required to organize and teach these classes, staff finds it necessary to implement a supply fee moving forward. There are usually 12 to 24 classes during the school year, with each class serving an average of 15 participants. This class is one-hour long and is offered after school for students aged 7-12. In Express Yourself, staff highlights contemporary and traditional artists by breaking down the unique elements of their art style and by helping students create a piece in their likeness to take home.

**Fiscal Impact**

The current program fee per person for the Express Yourself art class is \$5. Staff would like to also add a \$5 supply fee to help offset rising costs of materials while continuing to offer a high-quality, enriching experience for all involved. Staff respectfully requests the Commission's approval to implement the additional supply fee for a total program fee per participant of \$10.

**Recommendation**

Staff respectfully requests the Commission's approval of the proposed fee adjustment.

Respectfully,

Shayla Mayo  
Facility Coordinator  
Bradley Academy Museum & Visual Arts



August 29, 2025

For Murfreesboro Parks and Recreation Commission:

**RE: Approval of Art Sampler Night**

**Background**

This new class series will be aimed at adults ages 18 and up looking for a relaxing and creative evening in Murfreesboro. Classes will be 1.5 hours and held at Bradley Academy Museum and Cultural Center twice a month. During each session, participants will be guided through a new art style or medium and create a piece to take home. All supplies, along with light refreshments, will be provided.

Staff hopes this program will serve as an opportunity for adults in the community to connect and create in a fun, relaxed, and inspiring environment.

**Fiscal Impact**

A fee of \$15 is proposed per participant to cover the cost of participation, materials, and provided refreshments.

**Recommendation**

Staff respectfully requests the Commission's approval to implement this program effective this class season.

Respectfully,

Shayla Mayo  
Facility Coordinator Bradley Academy Museum & Visual Arts



August 29, 2025

For Murfreesboro Parks and Recreation Commission:

**RE: Approval of New Program- Photography Walk**

**Background**

This new class series will be aimed at adults and teens 16 and up with a special interest in photographing subjects in our local natural areas. Participants will bring their personal cameras and be led by Cultural Arts Staff through a one-hour, guided nature walk in various Murfreesboro parks and natural areas. Participants will receive hands-on instruction on the principles of photography and tips on how to capture the beauty of our local wildlife. The first series of this class will take place at the Murfree Spring Wetlands. Staff intends to host future series in various Murfreesboro parks and in hopes to encourage Murfreesboro residents to spend time connecting with nature and exploring a new skill.

**Fiscal Impact**

There will be no fee associated with this program due to participants providing their own materials.

**Recommendation**

Staff respectfully requests the Commission's approval to implement this program, effective this class season.

Respectfully,

Shayla Mayo  
Facility Coordinator Bradley Academy Museum & Visual Arts

**MURFREESBORO PARKS & RECREATION DEPARTMENT**  
**MONTHLY REVENUE REPORT**  
**FY26 July**

RECREATIONAL ACTIVITY INCOME	<b>ACTUAL</b>	<b>ANTICIPATED</b>
<b>RECREATION DIVISION</b>		
Picnic Shelters	10,160.00	100,000.00
Softball League Fees	19,550.00	50,000.00
Ball Field Rentals	13,750.00	80,000.00
Cheerleading	3,320.00	4,000.00
Football (including Flag Football)	10,160.00	9,000.00
Youth Volleyball League	0.00	19,000.00
Youth Basketball League	0.00	97,000.00
Sports Camps	352.50	35,000.00
Adult Basketball League	500.00	4,000.00
Advantage Sports Program	45.00	3,000.00
Track & Field Program	0.00	2,000.00
McFadden Community Center Rentals	2,017.50	9,000.00
McFadden Concessions	77.00	1,000.00
Adult Basketball/Pickleball McFadden Center	211.00	9,000.00
Miracle Baseball League	315.00	6,000.00
Miracle Baseball League Concessions	0.00	7,500.00
Wilderness Station	4,900.00	70,000.00
Theatre Resale	0.00	1,000.00
Halloween Activities	0.00	15,000.00
Children's Theatre/Perform Boro	1,450.00	34,000.00
Theatre Rentals	0.00	12,000.00
Gateway Rentals	1,336.67	2,500.00
Summer Camps	-197.50	33,000.00
Richard Siegel Park (includes Jordan Farm)	48,715.00	540,000.00
TSSAA Spring Fling/Fall Soccer	0.00	40,000.00
Greenway/Cultural Arts Programs	0.00	11,000.00
Private Donations - Bradley	0.00	500.00
Cannonsburgh	2,389.10	27,400.00
Bradley Academy Museum	3,514.47	18,300.00
New Year 5K	0.00	13,500.00
Miscellaneous-Civic Plaza	0.00	500.00
Designated Donations - Miscellaneous	35,000.00	35,000.00
Private Source-Donations	0.00	5,000.00
Sales Tax	7,313.88	45,000.00
Recreation Total	<u>164,879.62</u>	<u>1,339,200.00</u>
<b>PATTERSON COMMUNITY CENTER</b>		
Admissions	48,050.00	400,000.00
Pool Rentals	4,875.00	45,000.00
Rentals	4,605.00	60,000.00
Designated Donations	0.00	1,500.00
Vending/Resale	2,178.47	26,500.00
	<u>59,708.47</u>	<u>533,000.00</u>

**MURFREESBORO PARKS & RECREATION DEPARTMENT  
MONTHLY REVENUE REPORT  
FY 26**

**RECREATIONAL ACTIVITY INCOME continued**

<b>ACTUAL</b>	<b>ANTICIPATED</b>
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**SPORTS\*COM**

Indoor Admission	21,968.00	400,000.00
Admission Outdoor Pool	149,475.00	300,000.00
Concessions Outdoor Pool	48,592.39	103,000.00
Pool Rentals	20.00	45,000.00
Swim Lessons	7,356.30	17,000.00
Building Rentals	1,865.00	25,000.00
Indoor Concessions/Resale	126.27	10,000.00
<b>Sports*Com Total</b>	<b>229,402.96</b>	<b>900,000.00</b>

**INDOOR TENNIS FACILITY**

Annual Memberships	19,124.00	310,000.00
Resale/Concessions	5,606.40	42,000.00
Camps	3,899.50	40,000.00
Rentals	6,088.50	115,000.00
Tennis Tournaments	7,865.15	30,000.00
Pro Fees	5,640.00	106,000.00
	<b>48,223.55</b>	<b>643,000.00</b>

<b>TOTAL RECREATIONAL ACTIVITY INCOME</b>	<b>502,214.60</b>	<b>3,415,200.00</b>
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**OTHER INCOME**

Hotel/Motel Tax - County	0.00	290,000.00
Service Fees - Athletic Leagues	0.00	75,000.00
Scrap Metal	0.00	500.00
Sale of Fixed Assets	0.00	500.00
Interest	0.00	500.00
	<b>0.00</b>	<b>366,500.00</b>

<b>TOTAL REVENUES</b>	<b>502,214.60</b>	<b>3,781,700.00</b>
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**SENIOR CITIZENS CENTER**

Federal Grants	0.00	30,000.00
State Grants	0.00	11,300.00
Other County Revenues	0.00	165,000.00
Sales Tax Collected	0.00	300.00
Trip Revenues	-745.00	65,000.00
Meeting Room Fees	0.00	4,000.00
Agency Revenues	0.00	800.00
Program Income	0.00	32,000.00
Interest Earnings	0.00	0.00
Donations - Private Sources	0.00	600.00
	<b>-745.00</b>	<b>309,000.00</b>

**MURFREESBORO PARKS & RECREATION DEPARTMENT**  
**Expenditures**

	<b>FY 26 Budget</b>	<b>FY 26 July Expenses</b>	<b>Remaining Balance</b>
Salaries and Insurance			
Full-time Personnel	5,202,646.00	-621,736.37	4,580,909.63
Longevity	47,400.00		47,400.00
Holiday Pay	13,000.00	-6,282.39	6,717.61
Part-time Personnel	2,830,151.00	-389,037.56	2,441,113.44
Overtime	45,000.00	-9,088.91	35,911.09
Annual Holiday Gift	11,900.00		11,900.00
Worker's Compensation	174,751.00		174,751.00
Wellness Benefit	0.00	-150.00	-150.00
Social Security	633,274.00	-76,548.85	556,725.15
Medical-Dental	1,060,490.00	-111,716.43	948,773.57
Employee Retirement Defined Benefit	396,764.00	-45,014.31	351,749.69
Retirement Defined Contribution	255,991.00	-28,117.45	227,873.55
Life Insurance, LTD	31,680.00	-7,787.72	23,892.28
<b>Salaries and Insurance</b>	<b>10,703,047.00</b>	<b>-1,295,479.99</b>	<b>9,407,567.01</b>
Operation & Maintenance			
Vehicles & Machinery - Fleet	127,511.00		127,511.00
Vehicles (not Fleet)	3,000.00		3,000.00
Machinery & Equipment	147,300.00	-11,524.52	135,775.48
Vehicle Insurance	571.00		571.00
Beer Insurance	500.00	-1,433.00	-933.00
Waste Disposal (dumpsters/oil) - one time			
Disposal Fees - general	1,000.00		1,000.00
Fuel	90,000.00	-8,969.14	81,030.86
Office Equipment	12,300.00	-2,052.65	10,247.35
Appliance Repair	3,500.00	-246.00	3,254.00
Educational Animals	8,500.00	-2,250.04	6,249.96
Recreational Equipment	17,200.00	-1,099.61	16,100.39
Janitorial Equipment	5,500.00		5,500.00
Software	34,200.00		34,200.00
Equipment Rental			
Ball Fields	3,500.00	-161.47	3,338.53
Greenways/Wetlands	1,500.00		1,500.00
General Parks	1,500.00	-280.35	1,219.65
Sports*Com	500.00		500.00
Barfield Crescent Park	1,500.00		1,500.00
Richard Siegel Park	8,500.00		8,500.00
	17,000.00		17,000.00
Grounds			
Parks (Nat Res, Franklin Rd, Misc, Gen	50,500.00	-1,019.33	49,480.67
McFadden	1,500.00	-55.96	1,444.04
Barfield Crescent Park	20,000.00	-431.77	19,568.23
Wilderness Station	9,500.00	-93.32	9,406.68
Sports*Com/McKnight pav	24,800.00		24,800.00
Ballfields	144,800.00	-10,023.07	134,776.93
Siegel	120,000.00	-14,320.70	105,679.30
River Trail/Greenway/Wetlands	91,000.00	-8,431.04	82,568.96
Gateway Trail	33,300.00		33,300.00
Bradley Academy Museum	3,500.00		3,500.00
Tennis Facility	34,500.00	-53.88	34,446.12
Cannonsburgh	12,500.00	-150.00	12,350.00
Old Fort	48,200.00	-5,976.43	42,223.57
Patterson Park	15,900.00	-294.88	15,605.12
Oaklands Park	14,800.00		14,800.00
	624,800.00	-40,850.38	583,949.62

<b>Buildings</b>			
McFadden Community Ctr.	10,500.00	-349.48	10,150.52
Patterson Community Ctr.	133,300.00	-1,467.96	131,832.04
Theatre	17,000.00		17,000.00
Sports*Com/Pavilion	83,950.00	-2,332.52	81,617.48
Siegel Park	30,700.00	-756.22	29,943.78
Old Fort Park	9,000.00	-174.99	8,825.01
Oakland Park	5,000.00		5,000.00
Rogers Park	1,000.00		1,000.00
Administration Office	10,000.00	-281.00	9,719.00
Tennis Facility	40,000.00	-569.82	39,430.18
Barfield Park	19,700.00	-5,405.23	14,294.77
<b>Building Maintenance continued</b>			
	<b>FY 26 Budget</b>		
Cannonsburgh	17,000.00	-5,542.71	11,457.29
Gateway Island	1,400.00	-467.52	932.48
Wilderness Station	9,400.00	-242.95	9,157.05
Greenway Buildings	8,700.00	-32.97	8,667.03
Franklin Road Property	2,000.00	-406.38	1,593.62
Central Maintenance Shop	11,400.00	-146.64	11,253.36
Bradley Academy Museum	25,000.00	-431.15	24,568.85
Ballfield Buildings	30,800.00	-2,209.97	28,590.03
	465,850.00	-20,817.51	445,032.49
<b>Swimming Pools</b>			
Patterson Pool	30,000.00	-2,064.87	27,935.13
Sports*Com Indoor Pool	22,600.00	-1,926.25	20,673.75
Sports*Com Outdoor Pool	48,000.00	-3,163.77	44,836.23
	100,600.00	-7,154.89	93,445.11
<b>Supplies</b>			
Postage	1,700.00	-87.86	1,612.14
<b>Office Supplies</b>			
Recreation	12,800.00	-190.26	12,609.74
Sports*Com	2,500.00	-265.86	2,234.14
Patterson Community Center	5,500.00		5,500.00
McFadden Community Center	3,200.00		3,200.00
Cannonsburgh	1,000.00	-72.49	927.51
Cultural Arts	2,200.00	-7.56	2,192.44
Wilderness Station	1,300.00	-13.65	1,286.35
Bradley Academy Museum	1,100.00		1,100.00
Indoor Tennis Facility	2,300.00	-172.37	2,127.63
	31,900.00	-722.19	31,177.81
<b>IT Supplies</b>	17,400.00	-3,507.45	13,892.55
<b>Advertising</b>			
General, Newspaper, etc.	47,500.00	-6,192.00	41,308.00
Patterson Advertising	1,500.00		1,500.00
Bradley Academy Museum	1,000.00		1,000.00
Cannonsburgh Ads/Brochures	1,000.00		1,000.00
Indoor Tennis Facility	1,000.00		1,000.00
Sports*Com	1,500.00		1,500.00
Cultural Arts	5,000.00		5,000.00
Wilderness Station/Outdoor Recreation	2,000.00		2,000.00
	60,500.00	-6,192.00	54,308.00
<b>Janitorial Supplies</b>			
Recreation	6,500.00	-173.06	6,326.94
Central Maintenance	12,000.00	-1,078.00	10,922.00
Ball Fields	21,000.00	-3,838.01	17,161.99
Sports*Com	19,000.00	-61.05	18,938.95
Patterson Community Center	35,000.00	-2,271.73	32,728.27

McFadden Community Center	5,000.00	-472.63	4,527.37
Barfield-Crescent Park	12,000.00		12,000.00
Wilderness Station	2,000.00		2,000.00
Cannonsburgh	2,000.00	-556.84	1,443.16
Richard Siegel Park	22,000.00	-1,751.36	20,248.64
Janitorial Supplies continued			
Bradley Academy Museum	1,500.00		1,500.00
Indoor Tennis Facility	12,000.00	-1,377.62	10,622.38
	150,000.00	-11,580.30	138,419.70
Trophies			
Athletics	13,000.00	-641.16	12,358.84
Recreation	2,000.00		2,000.00
Patterson Center	700.00		700.00
Indoor Tennis Facility	400.00		400.00
	16,100.00	-641.16	15,458.84
Activity Supplies			
Wilderness Station	6,000.00	-295.83	5,704.17
McFadden Community Center	3,000.00	-363.00	2,637.00
Patterson Community Center	9,000.00		9,000.00
Cultural Arts - Visual/Performing	7,000.00	-268.29	6,731.71
Sports*Com	5,000.00		5,000.00
Cannonsburgh	1,800.00	-276.28	1,523.72
Athletics	3,500.00		3,500.00
Bradley Academy Museum	3,000.00		3,000.00
Indoor Tennis Facility	2,000.00		2,000.00
	40,300.00	-1,203.40	39,096.60
Hand Tools & Hardware			
Maintenance-Central	2,300.00	-456.95	1,843.05
Maintenance Barfield-Crescent	600.00		600.00
Richard Siegel Park	850.00	-169.17	680.83
Ball Fields	900.00	-27.98	872.02
Recreation	100.00		100.00
Sports*Com	800.00		800.00
Patterson Community Center	800.00		800.00
Cannonsburgh	400.00		400.00
Cultural Arts	500.00		500.00
Outdoor Recreation	700.00	-94.05	605.95
McFadden	300.00		300.00
Bradley Academy Museum	150.00		150.00
Indoor Tennis Facility	300.00		300.00
	8,700.00	-748.15	7,951.85
Clothing			
Maintenance	10,000.00	-199.95	9,800.05
Cultural Arts	700.00		700.00
Recreation/Admin	300.00		300.00
Sports*Com	1,200.00		1,200.00
McFadden Community Center	400.00		400.00
Athletics	2,100.00		2,100.00
Cannonsburgh	600.00		600.00
Patterson Community Center	3,300.00	-591.00	2,709.00
Wilderness Station/Greenway	1,200.00		1,200.00
Aquatics	6,700.00		6,700.00
Bradley Academy Museum	300.00		300.00
Indoor Tennis Facility	1,600.00		1,600.00
	28,400.00	-790.95	27,609.05
Admission Supplies	7,000.00		7,000.00

	<b>FY 26 Budget</b>		<b>FY 26 Budget</b>
Supplies continued			
Recreational Supplies			
Athletics	62,600.00	-1,724.90	60,875.10
Sports*Com	6,400.00		6,400.00
Aquatics	10,100.00		10,100.00
McFadden Community Ctr.	6,000.00	-293.37	5,706.63
Cannonsburgh	1,500.00		1,500.00
Siegel Park	32,000.00	-8,926.78	23,073.22
Patterson Community Center	14,250.00		14,250.00
Bradley Academy Museum	2,000.00		2,000.00
Outdoor Murfreesboro	11,000.00	-1,584.18	9,415.82
Cultural Arts	4,000.00		4,000.00
Indoor Tennis Facility	11,700.00		11,700.00
	<hr/>	<hr/>	<hr/>
	161,550.00	-12,529.23	149,020.77
Food			
General	6,500.00	-399.51	6,100.49
Wilderness Station/Outdoor Murfreesbo	2,500.00	-41.96	2,458.04
Patterson Community Center	10,800.00		10,800.00
Tennis	5,000.00	-291.22	4,708.78
Bradley Academy Museum	1,800.00		1,800.00
Cannonsburgh	1,000.00	-18.30	981.70
Cultural Arts	9,500.00	-1,517.11	7,982.89
McFadden Community Center	3,000.00		3,000.00
Athletics	4,100.00	-669.71	3,430.29
Sports*Com	3,000.00		3,000.00
	<hr/>	<hr/>	<hr/>
	47,200.00	-2,937.81	44,262.19
Printing Services	1,900.00		1,900.00
Newspaper Subscriptions	2,500.00	-365.40	2,134.60
Operating Supplies			
Patterson Center	700.00		700.00
Sports*Com	800.00		800.00
Cannonsburgh	400.00		400.00
	<hr/>	<hr/>	<hr/>
	1,900.00		1,900.00
Safety Supplies	16,700.00	-122.07	16,577.93
Miscellaneous Supplies			
Recreation/General	1,500.00		1,500.00
Sports*Com	400.00		400.00
Patterson Community Center	400.00		400.00
Bradley Academy Museum	200.00		200.00
Indoor Tennis Facility	400.00	-84.10	315.90
	<hr/>	<hr/>	<hr/>
	2,900.00	-84.10	2,815.90
Utilities			
Electricity	885,000.00		885,000.00
Water	205,000.00		205,000.00
Gas	120,000.00		120,000.00
Telephone	22,000.00		22,000.00
Cellular Phone	24,000.00		24,000.00
Internet Service	21,000.00		21,000.00
Cable TV Service	1,600.00		1,600.00
Solid Waste Fees	58,000.00		58,000.00
	<hr/>	<hr/>	<hr/>
	1,336,600.00		1,336,600.00
Travel & Subsistence			
Mileage	7,000.00		7,000.00
Meals During Meetings	4,500.00	-76.40	4,423.60
	<hr/>	<hr/>	<hr/>
	11,500.00		11,500.00

Recreational Activities			
Park Movies	13,000.00		13,000.00
Cultural Activities			
July 4th - Special Events	23,200.00	-15,340.51	7,859.49
Halloween - Special Events	13,000.00		13,000.00
Cannonsburgh Special Events	41,100.00	-850.00	40,250.00
Patterson Community Center Special E	4,500.00		4,500.00
Barfield Crescent Park - Special Events	7,500.00	-1,785.45	5,714.55
Cultural Arts/Greenway Special Events	21,900.00	-50.00	21,850.00
Sports*Com Special Events	3,300.00		3,300.00
McFadden Community Center Special I	13,000.00	-1,209.72	11,790.28
Bradley Academy Museum Special Eve	9,000.00		9,000.00
Miscellaneous Special Events	4,000.00	-200.00	3,800.00
New Year's Day 5K	12,000.00		12,000.00
Children's Theatre	25,000.00	-1,744.10	23,255.90
	177,500.00	-21,179.78	156,320.22
Miscellaneous Expense			
Association Dues	6,400.00	-1,875.00	4,525.00
Training Personnel	27,300.00	-219.50	27,080.50
Licenses/Certifications	3,000.00		3,000.00
Other Employee Travel	1,000.00		1,000.00
Surveys & Studies/Consultant's Service	50,000.00		50,000.00
Employee Testing	500.00		500.00
Employee Respirator Testing	500.00		500.00
Coaches' Background Checks	1,000.00		1,000.00
Computer Software Subscriptions	17,000.00	-199.99	16,800.01
Cannonsburgh Instructors	1,200.00	-150.00	1,050.00
Cultural Arts/Bradley Instructors	7,500.00	-150.00	7,350.00
Outdoor M'boro Contracted Service	4,800.00	-1,000.00	3,800.00
Tennis Instructors	74,190.00	-6,564.25	67,625.75
Tennis Tournaments	19,000.00	-1,759.50	17,240.50
Bank Service Charges	80,000.00		80,000.00
Purchases for Resale			
	<b>FY 26 Budget</b>		<b>FY 26 Budget</b>
Sports*Com	60,000.00	-12,193.25	47,806.75
Cultural Arts	2,500.00		2,500.00
Athletics	9,000.00	-688.00	8,312.00
Cannonsburgh	6,000.00	-1,018.13	4,981.87
Patterson Community Center	20,000.00	-1,167.86	18,832.14
Wilderness Station	30,000.00	-204.83	29,795.17
McFadden Community Center	2,000.00	-154.80	1,845.20
Bradley Museum	1,000.00		1,000.00
Indoor Tennis Facility	40,000.00	-3,075.15	36,924.85
	170,500.00	-18,502.02	151,997.98
Sales Tax	45,000.00		45,000.00
Designated Donations			
Patterson Community Center	3,000.00		3,000.00
Other - Greenway/Cult Arts/Bradley, etc	35,000.00	-35,000.00	0.00
	38,000.00		38,000.00
Other Miscellaneous	13,000.00	-4,095.00	8,905.00
Additions to Fixed Assets	317,100.00	43,083.09	360,183.09
<b>Operating Exenditures</b>	<b>4,671,072.00</b>	<b>-149,088.76</b>	<b>4,521,983.24</b>
Total Recreation Budget	15,374,119.00	-1,444,568.75	13,929,550.25
Salaries and Expenses			

**MURFREESBORO PARKS & RECREATION DEPARTMENT**  
 Budget Comparison-St. Clair

	<u><b>FY26</b></u>	<u><b>FY26 July Expenses</b></u>	<u><b>Remaining</b></u>
<b>Salaries</b>			
Full-time Personnel	677,758.00	-71,028.04	748,786.04
Longevity	5400	0.00	5,400.00
Holiday Pay	1,500.00	-412.38	1,912.38
Part-time Personnel	233,654.00	-27,645.25	261,299.25
Overtime	5,000.00	-137.92	5,137.92
Annual Holiday Gift	900.00	0.00	900.00
Worker's Compensation	7,816.00	0.00	7,816.00
Social Security	70,046.00	-7,357.10	77,403.10
Medical-Dental	126,484.00	-12,899.76	139,383.76
Employee Retirement Defined Benefit	33,918.00	-3,858.39	37,776.39
Retirement Defined Contribution	41,732.00	-4,293.29	46,025.29
Life Insurance, LTD	3,666.00	-901.74	4,567.74
Salaries and Insurance	<u>1,207,874.00</u>	<u>0.00</u>	<u>1,336,407.87</u>
<b>Operation &amp; Maintenance</b>			
Vehicles & Machinery - Fleet	1,839.00	0.00	1,839.00
Vehicles (not Fleet)	200.00	0.00	200.00
Machinery & Equipment	500.00	0.00	500.00
Office Equipment	5,000.00	-794.42	5,794.42
Grounds	29,000.00	0.00	29,000.00
Recreational Equipment	3,000.00	0.00	3,000.00
Janitorial Equipment	300.00	0.00	300.00
Appliance Repairs	600.00	0.00	600.00
Software Maintenance	2,800.00	0.00	2,800.00
Buildings	31,100.00	-1,054.50	32,154.50
<b>Supplies</b>			
Postage	500.00	0.00	500.00
Office Supplies	8,600.00	-343.16	8,943.16
IT Supplies	250.00	0.00	250.00
Advertising	21,000.00	0.00	21,000.00
Janitorial Supplies	16,000.00	-1,289.62	17,289.62
Activity Supplies	15,400.00	-896.22	16,296.22
Trophies	500.00	0.00	500.00
Hand Tools & Hardware	600.00	0.00	600.00
Clothing	1,800.00	0.00	1,800.00
Recreational Supplies	5,600.00	-1,392.59	6,992.59
Software Subscription	1,200.00	0.00	1,200.00
Trip Expense Supplies	36,000.00	-2,318.30	38,318.30
Food	26,500.00	-1,507.63	28,007.63
Printing Services	1,000.00	0.00	1,000.00
Safety Supplies	1,000.00	-120.69	1,120.69
Fuel	4,000.00	-165.30	4,165.30
Other Misc. Supplies	1,000.00	0.00	1,000.00
<b>Utilities</b>			
Electricity	54,000.00	-4,679.57	58,679.57
Water	4,600.00	0.00	4,600.00
Gas	2,300.00	0.00	2,300.00

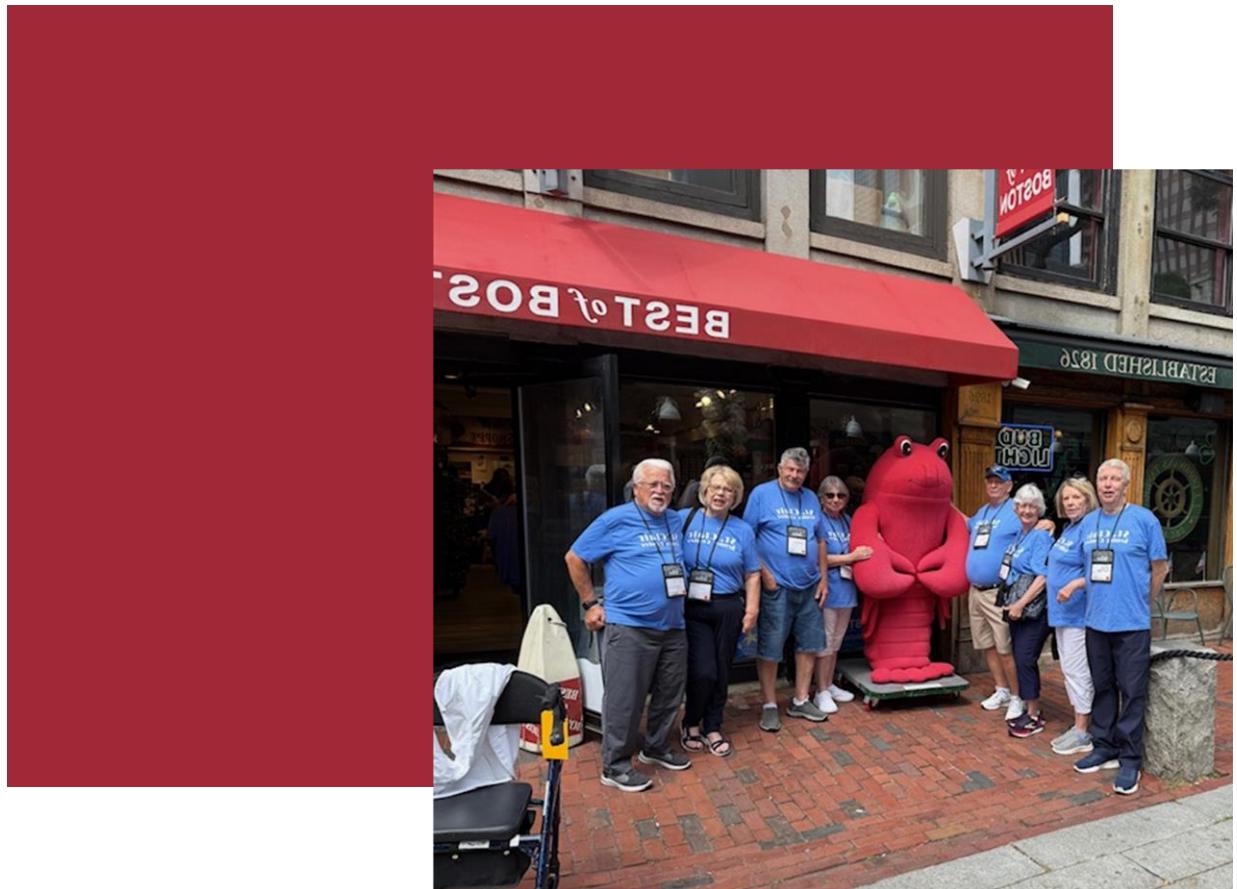
Telephone	2,400.00	-218.32	2,618.32
Cellular Phone	1,000.00	-50.75	1,050.75
Internet Service	1,600.00	-128.90	1,728.90
Cable TV Service	300.00	-21.02	321.02
Solid Waste Fees	2,600.00	0.00	2,600.00
	<u>68,800.00</u>	<u>0.00</u>	<u>73,898.56</u>

Page 2 Senior Center Monthly Budget  
Report FY23

	<u>2025-2026</u> <u>Budget</u>	<u>FY26 Budget</u>	<u>2025-2026</u> <u>Balance</u>
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Other Expenses

Mileage	300.00	0.00	300.00
Cultural Activities	8,000.00	-500.00	8,500.00
Miscellaneous Expense	1,000.00	0.00	1,000.00
Association Dues	500.00	0.00	500.00
Travel/Training Personnel	4,500.00	0.00	4,500.00
Contractual Services/Class Instructors	49,200.00	0.00	49,200.00
Licenses/Certifications	200.00	0.00	200.00
Bank Service Charge (credit cards)	2,400.00	0.00	2,400.00
Designated Donations	1,000.00	0.00	1,000.00
Sales Tax	700.00	0.00	700.00
			0.00
Additions to Fixed Assets	<u>25,000.00</u>	<u>0.00</u>	<u>25,000.00</u>
Expenditures	376,889.00	-10,382.43	-387,271.43
Total St. Clair Budget	1,653,563.00	-10,382.43	-1,663,945.43



# ANNUAL REPORT FY2024-2025

## ST CLAIR STREET SENIOR CENTER

Website: [www.murfreeesborotn.gov/seniorcenter](http://www.murfreeesborotn.gov/seniorcenter)

Facebook: [@StClairSeniorCenter](https://www.facebook.com/StClairSeniorCenter)

Telephone: 615-848-2550

325 St Clair Street  
PO Box 332369  
Murfreesboro, TN 37133



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## REFLECTIONS FROM THE FACILITY SUPERINTENDENT

Hello from St Clair Street Senior Center!

St Clair had a great year in 2024-2025 year. Our numbers increased to 2518 members with a daily average of 267 members Monday-Friday and 65 members on Saturday and Sunday.

Our participants have indicated by surveys, suggestion box and verbally, how they are enjoying the programs and their rights to choose which program that best suits their needs. At St Clair we try and provide as many fun and relaxing leisure programs as we can with the hopes of not having only one to choose from but several. Some of our programs this past year included Advanced Trivia and Trivia, Butter Bean Auction, Bingo, name that tune and Senior Feud to name a few to go along with our long-standing Leisure programs of Dances/ Seasonal Parties, Pool tournaments, and a Rabies Clinic.

We also offer several Art classes both paid and free, Quilting, Computer classes, UT Extension healthy eating and book clubs. St Clair continued to emphasize the importance of physical fitness to our seniors with our continuous programs Go4Life, Get Fit Stay Fit, Chair yoga, Gentle Fitness, Zumba, Yoga, Stretch Eccentrics, Core basics, Ball room dancing, Sail's, 5-line dance classes, Boxing Functionally Fit and Refit. We added Rev n flow, one on one fitness.

St Clair offered the seniors Health and Educational services throughout the year which included Weekly Blood Pressure checks, Dental Trucks, Harmonicas for Health, to exercise the lungs, as well as monthly speakers, ranging on topics from Men's and Women's Health, Diabetes, Parkinson Support Group, Free Hearing Exams, Grief Relief Support Group, and our popular Lunch and Learn programs. Our 2024 Health Expo had over 70 venders and reached 388 seniors.

In addition to these great programs, St Clair enjoyed a partnership for the second year with Tech Goes Homes Digital Literacy Program. St Clair also is a host site for Meals on Wheels serving over 77,231 meals for the 2024-2025 year with 15,361 being congregate meals.

I would also like to thank each of the staff at St. Clair and Parks and Recreation Department and GNRC for all their hard work and dedication to serving the Senior citizens of Rutherford County and surrounding counties.

*Mark Owens, Facility Superintendent*

## MISSION STATEMENT

To provide vibrant public spaces and inclusive programs delivered with visionary leadership and caring staff that engage the individual and strengthen the quality of life of our community.

## ACCOMPLISHMENTS

- Increased participants by 170 seniors.
- Held a Digital Literacy Computer class helping seniors battle isolation.
- Hired a Support Specialist to assist with GNRC data collection/entry (PRFs).
- Successfully doubled our volunteer participation from 2,461.53 hours to 4,273.98 hours
- Increased event participation by 6,079 seniors this year.

## GOALS

- Continue to improve and grow St Clair Senior Center.
- Recruit more Volunteers.
- Maintain a high level of customer service to our participants through surveys and the new survey portal.
- Continue to increase participant enrollment.
- Increase awareness and promote services offered with the community.
- Maintain current programs and activities while expanding new programs.
- Increase diversity within our programs and services.

## CITY COUNCIL, CITY OFFICIALS & SENIOR CENTER STAFF

**MURFREESBORO CITY COUNCIL** - Shane McFarland, Mayor; Bill Shacklett, Vice-Mayor; Councilmembers - Jami Averwater, Madelyn Scales Harris, Austin Maxwell, Kirt Wade and Shawn Wright.

**CITY ADMINISTRATION** - Darren Gore, City Manager, Sam Huddleston, Asst City Manager - Engineering & Economic Development; Greg McKnight, Executive Director - Development Services; Chris Griffith, Executive Director -Public Infrastructure; Angela Jackson, Executive Director - Strategic Services; Raymond Hillis, Executive Director - Public Works; Nate Williams, Executive Director - Recreation Services; Mark McCluskey, Fire Chief; Mike Bowen, Police Chief; Erin Chief Financial Officer (City Recorder / Treasurer).

**PARKS & RECREATION COMMISSION** - Eddie Miller, Board Chair; Timothy Roediger, Vice Chair, Bill Shacklett, City Council, Shawn Wright, City Council, Dr. Trey Duke (Murfreesboro City Schools), Charlie Montgomery, Dr. Gloria L Bonner, Leroy Cunningham, Kent Syler; and Don Turner (ex Officio). Our Commission meets monthly on the first Wednesday of each month at noon.

**PARKS & RECREATION DEPARTMENT** - Nate Williams, Executive Director, Thomas Laird, Assistant Director and Rachel Singer, Assistant Director.

**SENIOR CENTER STAFF** - Mark Owens, Facility Superintendent; Trevor Hutchison, Recreation Facility Coordinator; Beth McDaniel & Russ Thompson, Asst Recreation Facility Coordinators; Jessica Boss, Administrative Asst II, Lisa Blythe, Kathy Herod & Laura Grissom, Program Coordinators; Caroline Martin & Lois Maier, Asst Program Coordinators; June Nicdao, Social/Recreation Services Technician; April Eades, Kimberly Warren, Ethan Farris & Deborah Woodward, Facility Attendants; Clavin Clemons, Kaz & Timothy Wilts, Drivers; Nate Riggs, Mike Brown Custodians.

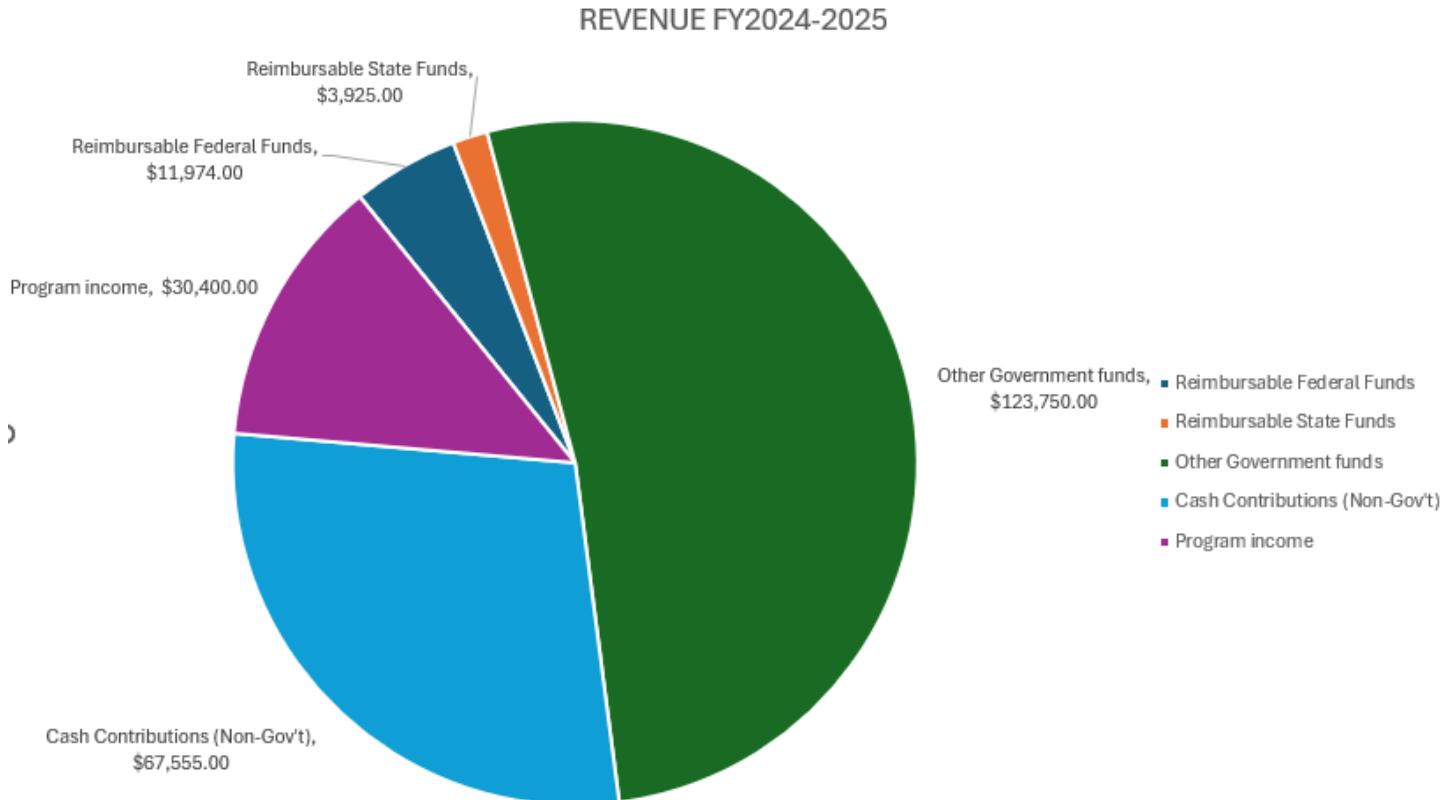
## SENIOR CENTER STATISTICS

- Total Event Sign Ins - 107,952
- Average Daily Attendance - Avg Duplicated - 267.34
- Unduplicated participants - 2427
- New participants - 170
- Unduplicated participants attending Evidence Based Classes - 75
- Number of Volunteers - 69
- Total Volunteer hours - 4,273.98
- Number of trips taken - 120 Trips
- Resource Information - 521
- Telephone Reassurance - 85
- Number of meals served by MOW - 77,231

# FINANCIAL SUMMARY

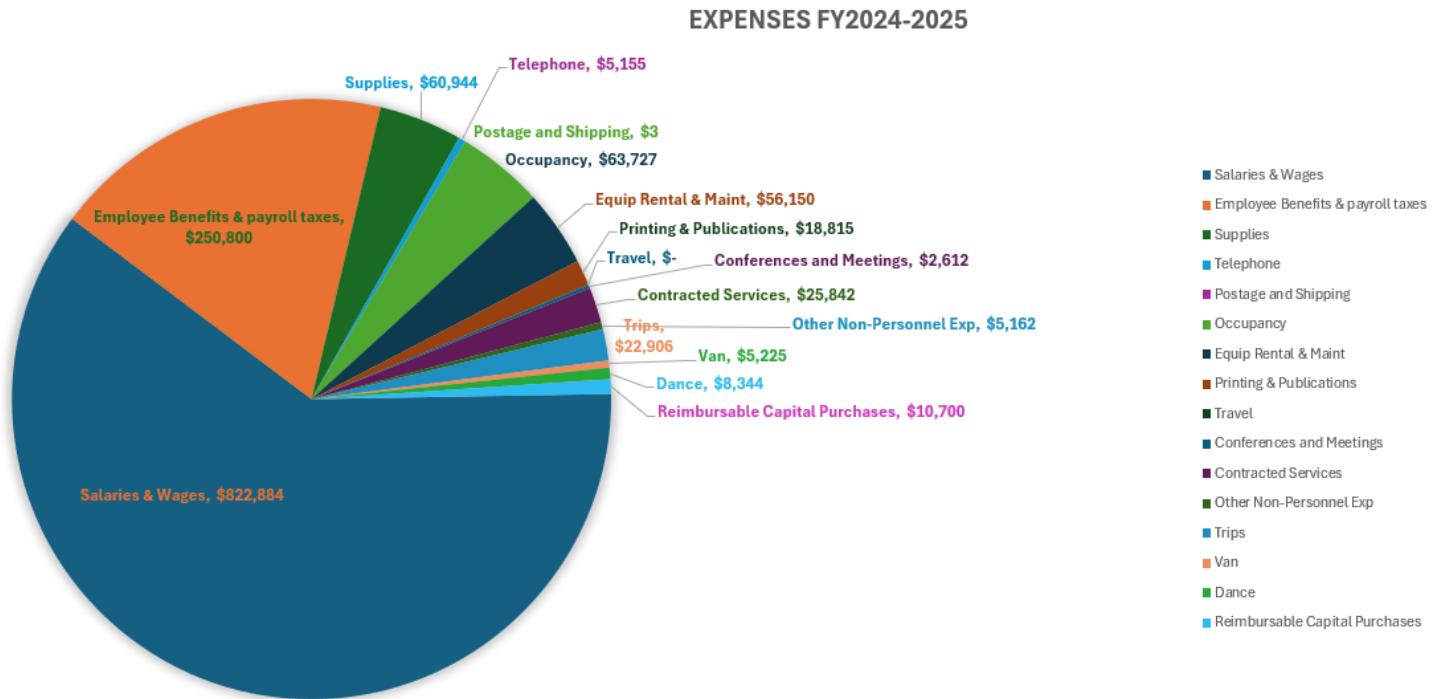
## REVENUES

The Senior Center received funding from State, Federal, County, programming revenue and trip revenue. Total revenues received \$237,604.



## EXPENSES

The Senior Center's expenses included items purchased for classes, events, as well as labor and supplies. Total expenses paid out \$1,359,269.



## PROMOTING SUCCESSFUL AGING THROUGH

- Education
- Evidence Based Classes
- Health Education
- Health Promotion
- Health Screenings
- Information & Assistance
- Physical Fitness & Exercise
- Recreation
- Travel

## EVIDENCE BASES CLASSES

NAME OF CLASS	DUPLICATED	UNDUPLICATED
SAIL - Stay Active and Independent for Life	2,228	75

## TELEPHONE REASSURANCE & RESOURCE INFORMATION

SERVICE	DUPLICATED	UNDUPLICATED
Telephone Reassurance	85	65
Resource Information	521	288

## EDUCATIONAL PROGRAMS

- AARP Smart Driver
- Aviation 101
- Avoid Scams and ID Theft
- Cape Cod and the Islands Pre-Trip Meeting
- Citizens Police Academy for Senior Citizens
- Coffee Club with Edward Jones
- Computer Tech Help
- Cooking Class:
- Dating After 60: How to in 2025
- Emergency Preparedness: The Other Bucket List
- Financial Wellness Lunch and Learn
- Free Legal Documents Presentation
- Free Wills for Veterans
- History of the Fiddle and Bluegrass Music
- Holidays Can Be A Pain in the Bu... Back
- Home and Community Safety Tips
- Homesteading 101
- Homesteading 101: Backyard Chickens
- How to Make Doctor Appointments on Your Cell Phone and More
- In the Garden
- In the Garden- Best Practices for Water Conservation
- In the Garden: Care and Feeding of Houseplants
- In the Garden: Composting
- In the Garden: Container Gardening
- In the Garden: Gardening with Nature
- In the Garden: How to care for/arrange for Holidays
- In the Garden: Iris and Daylilies
- In the Garden: Landscaping with Dwarf Conifers
- In the Garden: Lawns and Lawn Care
- Library Apps on Your Phone
- Mayflower Cruises & Tours 2026 Trips Presentation
- National Parks of the Southwest Pre-Trip Meeting
- New England Rails & Sails Pre-Trip Meeting

Power of Attorney by Legal Aid  
Republic Banking Lunch and Learn  
Scam Awareness  
Simple Wills For Seniors  
Tax Changes for 2025  
Thrifty Dinner Parties  
Trip Escort Sign-Ups  
Trip Escort Training  
VA Loans/Downsizing and More Lunch and Learn  
Veteran Home Health Benefit Presentation  
Veterans Informational Meeting  
Where There is A Will There is A Way  
Whiz STEM

# HEALTH EDUCATION, PROMOTION & SCREENING PROGRAMS

- 1 on 1 Wellness Consult with Kristen
- Alzheimers and Infusion Therapy
- Animal Therapy with HYHFarm
- Anxiety and Depression
- Basics of Acupuncture
- Be Red Cross Ready
- Benefits of Backyard Birding
- Blood Pressure Clinic
- Breathing Got You Blue
- Can Hearing Better Help You Think Better?
- Care for the Caregiver Series
- Caregiver Connection
- Choose to Lose-Weight Loss Program
- Choosing Wellness (Nutrition 101)
- Cochlear Implants
- Concussion Information
- Controlling Blood Sugar to Lose Weight
- Cook Smart Store Safe
- Dementia Awareness
- Diabetes Panel Discussion: Medical Practitioners
- Doors of Hope
- Eating Healthy When Eating Out
- Everybody Gets Older
- Exploring the Mediterranean Eating Pattern
- Fueling Longevity with Nutrition
- Genesis Healing Center: Holistic Living
- Grief Support Group
- Group Therapy for Loneliness and Isolation
- Group Therapy:
- Group Therapy: Facing Depression, Anxiety, Loneliness
- Hands Only CPR
- Harmonicas for Health
- Health Expo
- Healthy Breakfast That Can Also Be Dinner
- Hearing Loss and Isolation
- Heart Health
- Heart Health Lunch and Learn
- Home Health/End of Life Panel Discussion
- How Sugar Affects Your Body
- Kroger Shot Clinic
- Lets Talk About That

- Living Healthy to 100
- Macular Degeneration Support Group VIPs
- Medicare Counseling
- Memory Care
- Men's Brain Health
- Men's Cardiac Health Breakfast
- MTSU Nursing Mini Health Fair
- MTSU Nutrition Food Demo
- Next Level Harmonic
- Nutrition Evaluation & Coaching
- Our Aging Bladder and Incontinence
- Pacific Prop PT: Stay Active with Strength Training
- Parkinson Support Group
- Parkinsons Second Meeting
- Peripheral Neuropathy and Treatment
- Radiant Aging: Essential Skincare for Mature Skin
- Red Cross CPR
- Red Cross First Aid
- Regenerative and Cellular Health
- Regenerative Health
- Regenerative Health and Cellular Health
- Regenerative Health Series: Pain/Immune System
- Regenerative Health: Inflammation and Arthritis
- Self Care for Caregivers
- Social Services for St Clair Seniors
- Songs for Sound Hearing Test
- Splatter Paint Away Stress
- Stop the Bleed
- Summer Health Tips for Seniors
- The How and Why of Stretching
- The How and Why of Stretching Lunch and Learn
- The Power of Positivity
- Tips for Better Sleep
- Tips for Healthy Women
- Using Technology to Quit Smoking
- Vascular Treatment Options
- Walgreens Prescription Review
- Ways to Ease Knee Pain
- Wellness with Essential Oils
- What is Vertigo and What You Can Do About It
- What To Do When Ur-ine Trouble
- Widow Support Group

## PHYSICAL FITNESS & EXERCISE PROGRAMS

- Advanced Boxing
- Ballroom Dancing
- Beginner/Improver Line Dance
- Beginning Line Dance with Catrina
- Beginning Tai Chi
- Beginning Yoga
- Bend and Balance
- Boxing 101
- Boxing Level 2
- Cardio Strength
- Chair Tai Chi
- Chair Yoga
- Core Foundations
- Core Strength
- DANCE - The Nashtones
- DANCE: Bill Sleeter and Band
- DANCE: Uptown Country Band
- Fencing Class
- Fit for All AM
- Fit for All PM
- Functionally Fit
- Go4Life w/Laura
- Go4Life with Sandy
- Intermediate Boxing
- Intermediate Tai Chi
- Karate
- Line Dance for Experienced Dancer
- Line Dance Practice
- Mat Pilates
- Open Gym
- Open Gym Boxing
- Open Tai Chi
- Power Walk

Refit  
Refit and Rev and Flow  
Rev and Flow  
Saturday Line Dance  
Stretch Zone  
Stretching Through Movement  
Sunday Line Dance  
Walking Class  
Weight Room Orientation  
Yoga with Larry  
Zumba AM  
Zumba PM

## RECREATIONAL PROGRAMS

- 4th of July Picnic
- A Mothers Tea
- Art & Craft Fair!
- Art Connection
- Arts & Craft Fair!
- Beginner Crafts
- Beginner Crafts - Basket Weaving
- Bid Whist Card Game
- Book Club
- Book Club- Meet the Author
- Bunco
- Butter Bean Auction
- Canasta
- Cards and Games
- Caris Cares Crafts
- Chicken Foot
- Concert with Eddie K
- Craft Fair and Sale- Christmas in July!
- Crafts: Basket Weaving
- Decoupage and More AM
- Decoupage and More PM
- Eight Ball Pool Tournament
- Elements of Art: Glass Paint Wood AM
- Elements of Art: Glass Paint Wood PM
- Euchre
- Gift Making Christmas Craft Class
- Great Pumpkin Contest
- Halloween Costume Ball
- Hand and Foot 1
- Hand and Foot 2
- HandBuilding with Clay
- Holiday Luncheon
- Hospice Helpers

I Need a Spa Day  
Karaoke  
Knitting, Crocheting & Quilting  
Mah Jongg  
Mardi Gras Social  
Mboro Duplicate Bridge  
Mboro Little Theatre  
Mboro Little Theatre: Wild Women of Winedale  
MTSU Party  
Murfree Spring Wetland Stroll  
Music for Seniors: Christmas Concert  
Music Jam Session  
Noon Years Eve Party  
Party Bridge  
Pinochle  
Pinochle Tournament  
Pool  
Premier World Discovery 2026 Trips Presentation  
Puzzles  
Rook  
Salute To Veterans Breakfast  
Seniors Acting Up Play  
Seniors Acting Up Play: Murder Mystery Dinner Theatre  
Seniors Acting Up Practice  
Shanghai Rummy  
Singing Seniors  
Social Art  
Social Ceramics  
Spades  
Spin That Wheel  
St Patrick's Day Dance Party  
St. Clair Strummers  
St. Rose Bridge  
Stained Glass Class AM

Stained Glass Class PM  
Stained Glass Jewelry Workshop  
Sweetheart Dance  
The Senior Feud  
Trivia Games  
Ultimate Bingo - Thursday  
Vendor Fair  
Vintage Venturers  
Watercolor with Fran  
Wild Birds Unlimited- An Early Sign of Spring  
Wilderness Station Presents:  
Wilderness Station Presents: Reptiles  
Wilderness Station Presents: Murfree Spring Wetlands  
Yard and Craft Sale

## TRAVEL DESTINATIONS

"& Juliet"

"A Christmas Story" The Musical

"A Trip to the Moon"

"Always...Patsy Cline"

"Beautiful" - The Carole King Musical

"Clue"

"Company"

"Crimes of the Heart"

"Dreamgirls"

"Driving Miss Daisy"

"Grease" the Musical

"Guys and Dolls"

"MJ" The Musical

"Moulin Rouge!" The Musical

"Oklahoma!"

"Pride and Prejudice"

"Secret City" Museum and History Center

"Sh-Boom!" - Life Could Be a Dream

"Steel Magnolias"

"The Miss Firecracker Contest"

"The Sound of Music"

A. R Cash

All Shook Up

Amish Country

Andrew Jackson's Hermitage

Ben Thompson's Elvis Experience

Black History Museum

Blueberry Bash

Branson Show Extravaganza

Cheekwood Estate & Gardens

Christmas Around the World Handbell Concert

Christmas at Gaylord Opryland

Cirque du Soleil

Customs House Museum & Cultural Center  
Dickens of a Christmas  
Discover Wartrace  
Dragon Boat Festival  
Falcon Rest Mansion & Gardens  
Fall Creek Falls  
Fleetwood Mac - A Fleetwood Mac Tribute Band  
Folk Medicine Festival  
Franklin Main Street Festival  
Hank Williams: The Lonesome Tour  
Harmony Lane Farm & Creamery Tour  
Highlights of England, Scotland & Wales  
Historic Savannah, TN  
Holiday Lights at Cheekwood  
Jazz & Bluegrass at Arrington Vineyards  
Jazz at Arrington Vineyards  
L&L Market Shopping  
Lighting of the Green  
Lodge Museum of Cast Iron  
Loretta Lynn's Ranch  
Lucky Ladd Farms  
Mansker's Fort and the Bowen Plantation House  
McKay's  
Miami, Fort Lauderdale & Key West, Florida  
Million Dollar Quartet Christmas  
Mountaineer Folk Festival  
Musicians Corner  
Nashville Zoo  
Nashville Cherry Blossom Festival  
Nashville Flea Market  
Nashville Oktoberfest  
National Parks of the Southwest  
New England Rails & Sails  
Nissan Smyrna Tour

Opry Mills Shopping  
Paris, TN  
Pumpkifest  
Ray Stevens CabaRay  
RC Cola - MoonPie Festival  
RCA Studio B & Country Music Hall of Fame and Museum  
River Craft Ceramics  
Rock Island State Park  
Runnin' with Ol' Waylon  
Shopping at Tanger Outlets  
Southern Belle Riverboat Cruise  
Summer Shakespeare - "As You Like It"  
Tea & Train  
Tennessee Aquarium  
Tennessee Craft Fair  
Tennessee River Autumn Lunch Cruise  
Tennessee State Capitol  
The Dancing Lights of Christmas  
The Piano Men - A Tribute to Elton John & Billy Joel  
Tim's Backroads of Rutherford County Tour  
Tina Turner's Hometown  
Tour Amazon  
Trousdale Place & Sumner County Museum  
Ultimate Oldies Rock N' Roll Show  
Vendor Fair Shuttle & St. Clair  
Washington, DC - Our Nation's Capital  
Wilson County Fair  
Yulefest  
Zoolumination

## HIGHLIGHTS THROUGHOUT THE YEAR

### JULY/AUGUST

- Free Power of Attorney for Financial & Health
- Christmas is July Art & Crafts Sale
- AARP Smart Driver Course
- Fencing Class
- Murfree Spring Wetland Stroll

### SEPTEMBER/OCTOBER

- Health Expo
- Medicare Annual Enrollment Appointments
- Vintage Venturers
- Great Pumkin Contest
- Songs for Sound

### NOVEMBER/DECEMBER

- Veteran's Breakfast
- Ray Stevens CabaRay
- Food Drive for MTSU students
- Free Basic Wills for Veterans
- Can Hearing Better Help You Think Better

### JANUARY/FEBRUARY

- Regenerative Health: Inflammation & Arthritis
- Thrifty Dinner Parties
- Breathing Got you Blue
- Sweetheart Dance
- Black History Museum Trip

### MARCH/APRIL

- Decoupage & More Class
- The Wild Women of Winedale Play
- A Plot for Murder Play
- MTSU Jazz Band Performance
- TN State Capitol Trip

### MAY/JUNE

- Portugal & Douro River Cruise
- Stop the Bleed
- Avoiding Scams & ID Theft
- Tour Amazon
- Aviation 101

## COORDINATION WITH OTHER AGENCIES

4Sigmatic  
AARP Smart Driver  
Abbott Labs  
Abigail Dalton at Achieve Homeostasis  
Acuity Health Advisors  
Adams Place Assisted Living  
Adoration Hospice and Homecare  
Adult Protective Services (Bill Benson, Nat'l. Policy Advisor APS)  
AgeWell  
Align Murfreesboro Massage Therapy  
Alive Hospice (Laura Gay Clark)  
All Heart Homecare  
Alzheimer's Association  
Amada Senior Care  
Amazon  
American Museum of Science & Energy  
American Red Cross  
Amigo's by the Dock  
Amish Welcome Center, The  
Andrew Jackson's Hermitage  
Antonio Young  
Anylab test  
Arbonne  
Arts Center of Cannon County  
Ascension Complete  
ASCENSION HEALTH  
Ascension St. Thomas  
Aubrey's Oak Ridge  
Barbara Lancaster, MTSU  
Barnabas Buddies  
Battle of Franklin Trust, The  
BC/BS OF TENNESSEE  
Beesley Animal Clinic

Beraldi Insurance  
Big Bad Breakfast (Chattanooga)  
Big Bad Breakfast (Franklin)  
Black History Museum  
Blue Magnolia  
Body Renew  
Boro Bowls  
Bowmar Nutrition  
Branches Counseling Center  
Brown's Diner  
Brunch & Brew  
Campbellsville Café  
Care Patrol  
Caris hospice  
Carley Barr - Amplified Healing  
Carmen Gossett  
Carriage House Players  
Cathy Wilson w/Vanderbilt  
Centennial Adult Care  
Centennial Café  
Center Well  
Centerstone Care  
Chattanooga Riverboat Company  
Chattanooga Theatre Centre  
Cheekwood Estate & Gardens  
Chefs for Seniors  
Cheryl's Beau Bees  
Chick fil A  
Chicken Salad Chick  
City Of Murfreesboro Fire & Police  
Coker Museum, The  
Collins River BBQ & Café  
Comfort Keepers  
Comfort Ye Ministries

Community Helpers  
Country Music Foundation, Inc.  
Cumberland County Playhouse  
Customs House Museum & Cultural Center  
Daily Crunch  
Dance Quest  
Dancing Lights of Christmas, The  
Definite Wellness  
Delta Heritage Center  
Diamond Tours  
Dollar Tree  
Doodles  
Dow Street Music School  
Dr. Austin Voigt  
Dr. Jenna Bartucci  
Dr. Schooly  
Eden Wellness  
Eggs Up Grill  
Emmy's Restaurant  
Erick Kigen - Optimum Cares CEO  
Fabulous Fifties Foundation  
Falcon Rest  
Fall Creek Falls State Park  
Fast Pace Health  
Fifth Third Bank  
First Baptist Church Murfreesboro (Pam Pilot)  
Five Points Pizza (West Nashville)  
Frankland Events, LLC  
Fried Tater Café  
Friends of Warner Parks  
GENTIVA- Grief Support Group  
Gondola House Pizzeria  
Gondola Restaurant  
Goo Goo Chocolate Co.

Green House Ministries  
Harmony Lane Farm & Creamery  
Healing Cypress  
Healthy On the Go Protein Bars  
Hearing Life  
Historic Mansker's Station in Moss-Wright Park  
Hold Your Horses Farm  
Holistic Made Easy  
Holt's Diner  
Home Instead  
Homestead Harvest Restaurant  
Humana  
Insight Counseling Center  
Interfaith Dental  
International Towing Museum  
Intrepid USA Homecare  
Jason Retzlaff from Edward Jones  
Jennings & Ayers Funeral Home  
Jessica Sparchu  
Joanie's  
Joe Cole Photography  
John Toy from Parker, Toy & Associates, PLLC  
Johnson Audiology  
Journey Home  
Judy Jennings - Widow Support Group  
K-25 History Center  
Kilgore's Restaurant  
Kodiak Cakes  
Kroger  
Larry Keeton Theatre, The  
Lee Ann Hyatt from "We Remember You" Nonprofit  
Legal Aid Society  
Legends Steakhouse (Shelbyville)  
Lesser Evil

Lion's Club  
Lipscomb University  
Little Clinic  
LMNT  
Lodge Museum of Cast Iron  
Loretta Lynn's Kitchen  
Lucky Ladd Farms  
Lynn Wood from Mental Health America of the MidSouth  
M.L.Rose (Mt. Juliet)  
Mama D's  
Mansker's Station & the Bowen House  
Marvelous Massage  
Mary Kay - Peggy Carpenter  
Mayflower Cruises & Tours  
McMinnville Park Theater  
Meals on Wheels  
Medicaid Administration  
Medicare  
Medtronics  
Metro Diner  
Middle TN Electric Home Uplift Program  
Mills Pharmacy  
Mindful Care  
Miss Lucille's Café  
Moe's Southwest Grill  
Morning Glory Orchards  
MTSU professors  
Murfreesboro Funeral Home  
Murfreesboro Housing Authority  
Murfreesboro Little Theater  
Murfreesboro Medical Clinic  
Muscle Therapy  
Music 4 Seniors  
Music City Bronze

Nashville Health & Wellness Fest  
Nashville Symphony  
National Center on Elder Abuse  
New Moon BBQ  
NHC Homecare  
Nissan Smyrna  
Nourish Food Bank  
Office of Attorney General TN  
On Fire Concerts  
Overboard Bar & Grille  
Pacific Pro PT  
Pam James  
Paris Henry County Heritage Center  
Perk Energy  
Pop's Coffee Shop  
Premier World Discovery  
Primary Care & Hope Clinic  
Pueblo Viejo Mexican Grill  
R'ford Co. Habitat for Humanity  
Ray Radford, bee keeper  
Ray Stevens CabaRay  
Reeves Medical  
REEVES-SAIN  
Restore Hyper wellness  
River Craft Ceramics  
Robertson County Players  
Rockvale High School  
Ron Ream - Parkinson Support Group  
Rowdy's Wild Rides  
Roxy Regional Theatre  
Rutherford City Health Department  
Rutherford County Health Department  
Rutherford County SCAN Program  
Rutherford County School-Oakland High

Salvation Army  
Sanitas  
Select Physical Therapy  
Seniors Helping Seniors Middle TN  
Shelli's Coffee and Social  
Shugga Hi Bakery and Café  
Sit Means Sit  
Smart Bank  
Smile on 65 Plus  
Smotherman Properties  
Social Security Administration  
Sonny's Patio Pub and Refuge  
Southeast Natural Medicine  
Southern Charm Tea Room  
Springhouse Theatre Company  
Sprouts  
Square Market & Café  
St. Clair Skincare  
St. Marks United Methodist  
St. Paul's Episcopal Church  
St. Thomas West  
St. Thomas Woodbury  
Stanlick Chiropractic  
Star Center  
STAR Physical Therapy  
Stillery (Midtown), The  
Stretch Zone  
Studio Tenn Theatre Company  
Sumner County Museum  
Sunbutter  
Susan Freeman and Nancy Parker - GNRC & SHIP Coordinators & Volunteers  
Synergy Homecare  
TeleMate Health  
TennCare Connect

Tennessee Performing Arts Center  
Tennessee River Museum  
Tennessee State Capitol  
Tennessee Valley Railroad  
The Fisher Center (at Belmont University)  
The Little Clinic  
The Pharmacy Burger Parlor & Beer Garden  
The Pottery Place  
The Slider House  
Therapaint Studios  
Thigpen Hearing Center  
Three Rivers Family Dentistry  
TN Alzheimer's  
TN Commission on Aging and Disability  
TN library for accessible books and media  
TN Respite Organization (Jack Reed)  
TN Service for the Blind  
TN Vaccine Services  
Todd Libman from LIBMANN INSURANCE  
Tomahawk Care Home  
Toots  
Total Body Wellness  
Touching Hearts  
Travellers Rest Historic House Museum  
Tree Ring Legal  
Trousdale Place  
True Primal Soup  
TSU SNAP-Ed Extension Agent  
Tullahoma South Jackson Civic Association, Inc.  
Twelve Stone  
Uncle Julio's Brentwood  
Unique Beatz  
Unity Psychology  
UT/TSU Extension

Veterans Administration  
Veterans Administration  
Veterans Service Officer Dominick Grimaldi  
Volunteer Behavioral Health  
Voodoo Gumbo  
Walgreens  
Wartrace Town Hall  
Wellcare Pharmacy  
WellPoint  
Westbrook Towers Independent Living  
Westminster Home Connection  
Whiskey Trail BBQ & Steakhouse  
White Star Tours  
Wild Birds Unlimited  
Wilson County Veteran's Museum  
Winchester Downtown Program Corp.  
Wings Remembered  
Woodfin's Funeral Home  
Yvonne Dadson

## SENIORS IN ACTION







MURFREESBORO PARKS & RECREATION  
ST CLAIR STREET SENIOR CENTER  
325 St Clair Street, PO Box 332369  
Murfreesboro, TN 37133-2369  
Phone: 615-848-2550  
Fax: 615-904-6411  
Website: [www.murfreesborotn.gov/seniorcenter](http://www.murfreesborotn.gov/seniorcenter)  
Facebook: @StClairSeniorCenter